WHOUNIT?

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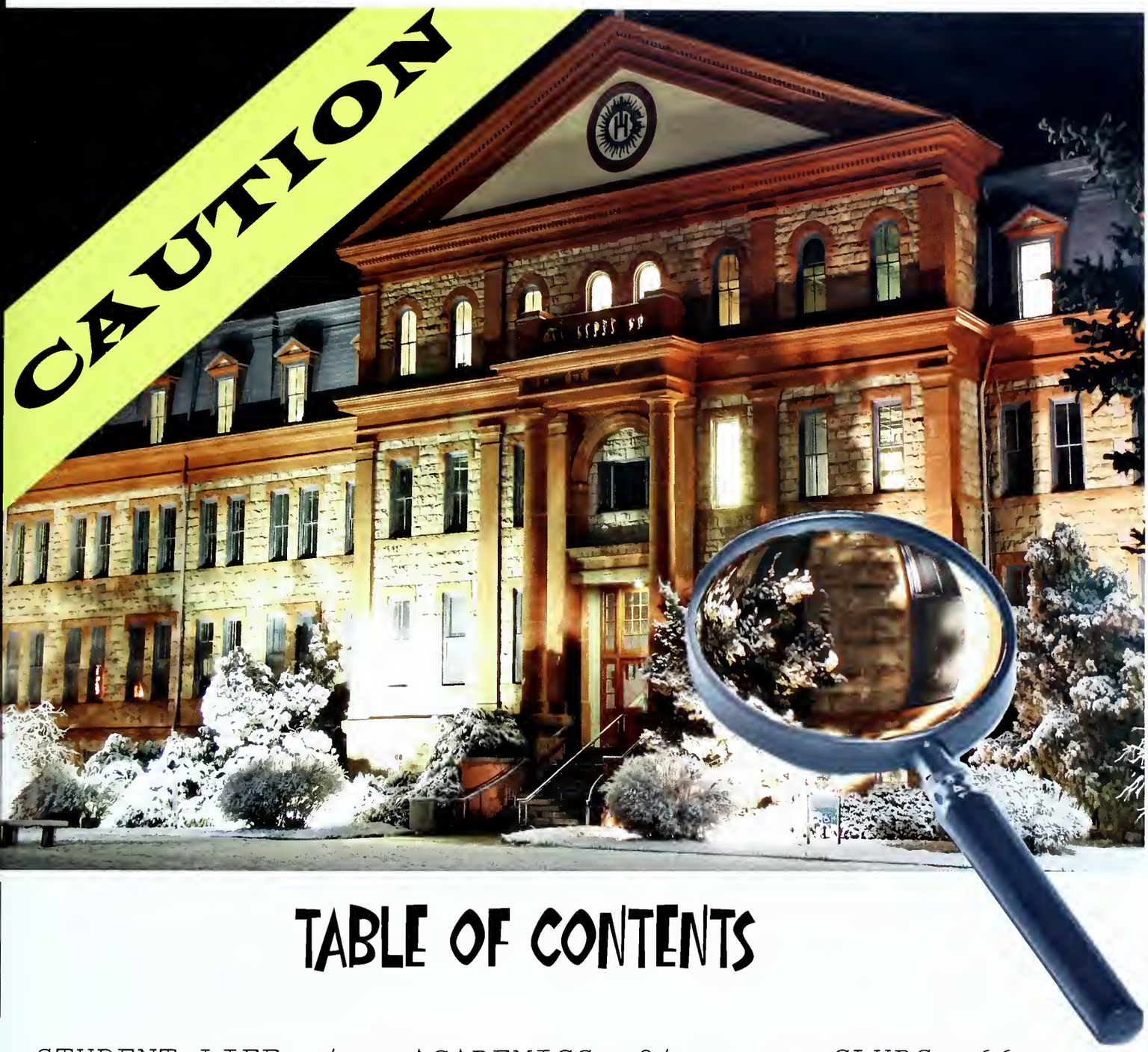

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CAUTION CAUTION CAUTION

REGIS UNIVERSITY CRIME SCENE

Looks like someone didn't get around to buying a mirror. Just kidding... but seriously.

These Regis students enjoy a fall day at the corn maze.

Why are there so many stairs in Main Hall?!?

WHODUNNIT?

This year, like any other year at Regis, has had its share of achievements and accomplishments, stories and memories. At a small school like Regis, news travels fast and people are constantly asking "whodunnit?" Through sports victories and losses, good and bad professors, and all of lifes ups and downs, each member of the Regis student body has had a different and unique set of memories from the past year. We hope that this edition of the yearbook will help to preserve many of these memories for years to come.

Play "Whodunnit?" with this yearbook! Clues can be found on the division pages listed in the Table of Contents.

STUDENT LIFE DIVISION

Can you find these pictures throughout the division?

HINT: Yummy yummy.

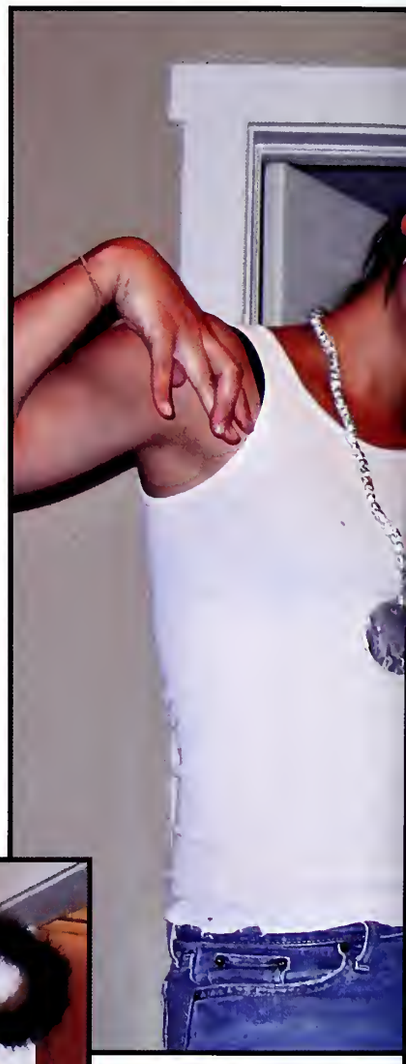
HINT: It smells good!

HINT: She's doing handstands.

IHS

IN DISGUISE

The great thing about college is the excuse that any holiday can be extended over a few days, or even weeks. Christmas break at Regis extends four weeks, and Thanksgiving, almost six days. Why not extend the celebration of Halloween a few more as well? Students put their college smarts to work and came up with creative costumes to last throughout the various nights of the week. Students were able to disguise their normally stressed out, hectic lives and become easy-going, barely clothed, and often times belligerent, new people.



Tweedle Dee and Tweedle Dum... These ladies sure know how to get into their costumes. Nice bow ties girls...

Borat might be causing some stir internationally, but Nathan's rendition sure knows how to have a good time!

Good and bad angels strike a pose one of the various Halloween nights. Hey Dani, does your mom know you're the bad angel?

It's always great to find guys that feel comfortable with themselves ... High Five, Griffin! Right back at you!

Stephanie, Sarah, and Valerie are livin' the thug life. Obviously.

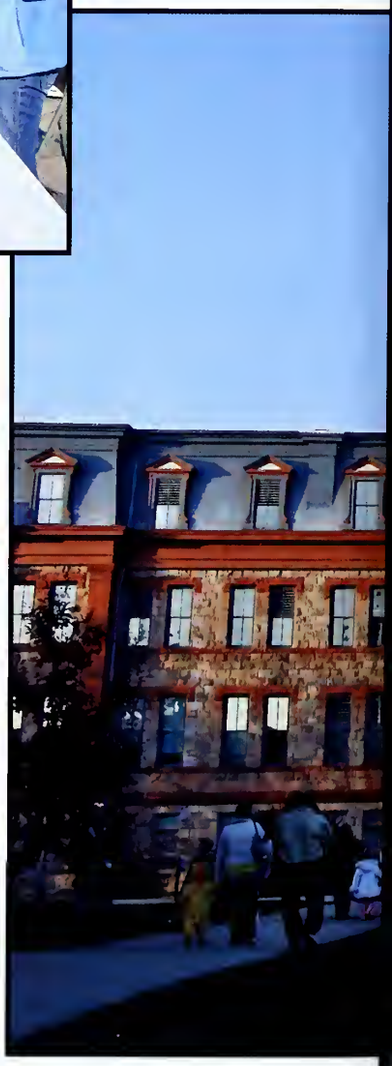
Baseball players pose, or simply just stare, at the camera.

Mike sure has the "confused" Gilligan face down. Maybe Ted will help you find your way back to the mainland! Or maybe to a party!

Brittan, takes a time-out in the middle of the day to play in one of the activities at the annual First Snow party. Who says you're ever too old to just jump around?

Snow cones anyone? Meagan and Katie set up for the First Snow celebration by providing students and faculty with free snow cones and sweet t-shirts!

Colby and Gina read for their next class outside of the Student Center. Living in Colorado, where there are over 300 days of sun, many students take advantage of the good weather by doing their assignments outside.



QUAD ACTIVITIES

Over the last year, Regis has seen many transformations to its campus. A new chapel and parking lot were added, and many buildings were redone. College isn't always about just going to class, it's about enjoying the atmosphere of college and making new friends. With a beautiful college campus, students get the opprotunity to de-stress outside while playing games and interacting with fellow students.

Why go to class when you can socialize? Maura takes some time to talk to Drew and Derek. Don't be late!

Steve and Joel scarf down free food outside. Being poor college students, us kids will eat anything if it's free!

Little kids stomp the Regis campus during safe Trick-or-Treat. Children from the neighborhood were invited to come trick-or-treat during the day of Halloween where students could give out yummy candy.candy!

Students spaz out in the middle of the quad. Maybe gymnastics should be a club sport at Regis next year...

What would boys do without their video games? Maybe study? Probably not.

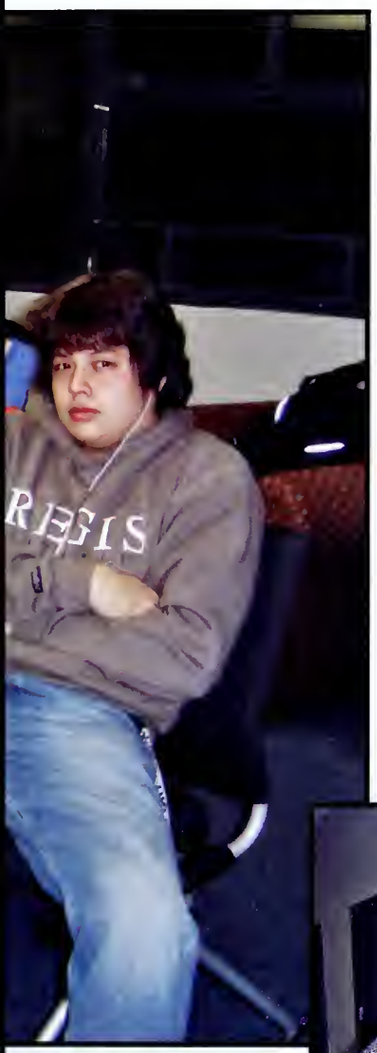
A group of upper-classmen pose for a quick picture during a poker tournament. Good luck boys, I know Kyle's bringing in the money!

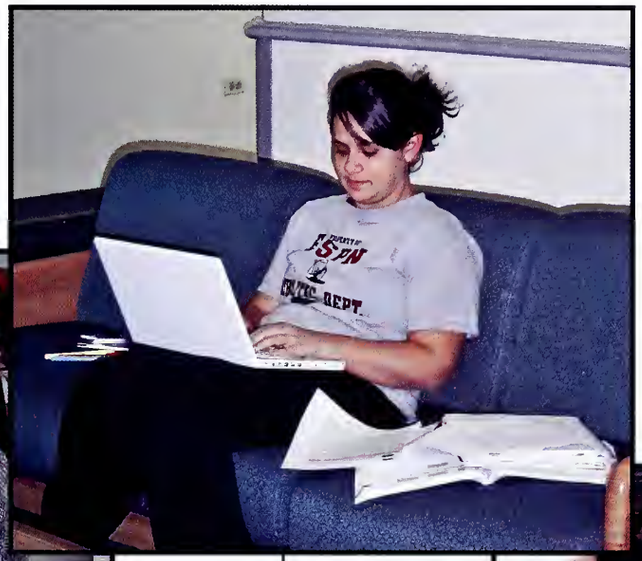
For those individuals who are not legally allowed in sports bars, the common areas are a great way to mingle and watch sporting events with your buddies!

Oh, the many joys of being independent. LAUNDRY! Maybe not the first thing someone would want to do with their time, but it sure beats living with your parents again!

DORM LIFE

Before you know it you're in college. You're away from your parents, and your life changes. Suddenly you are living with hundreds of fellow college students in a huge building trying to be as independent as you can. Such a change is hard work, but tons of fun! Dorms are a great place to meet different people, make bonds, and share your goodies. Yeah, laundry's not fun, and sometimes roomates are crazy, but at least it's free, and think of all the fun stories you'll have for years to come.





Oh yeah, college is hard. At least she's trying hard to get her work done!

Photo-op in the dorms! SMILE!

Living with dozens of other students, clothing options seem to expand exponentially. Maybe not the best color on you Tim, but I'm sure you'll find something that flatters your figure more! Work it!

Students pack into the Cafeteria to pack on that infamous Freshman 15.

Oh, Coffee on the Lowell, why are you not open late?

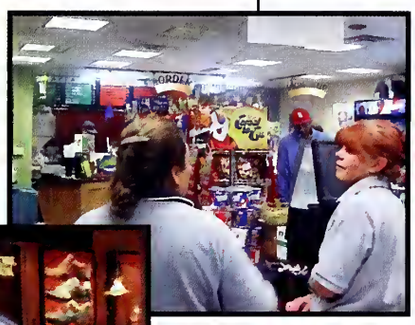
Several of the Yearbook editors and their friends went out to their favorite Denver restaurant, Little India, to celebrate Natalie's 21st birthday. I mean, we did start a club on Facebook all about our love of food.

We all know him. He's that guy. The Sodexo staff work hard for us hungry college students seven days a week. Now that's commitment!

Hamlin's, located seconds from campus, allows students to get some yummy breakfast and lunch on the weekends.

Now with extended hours, the Ranger Grille offers a sweet selection to those students that seem to always be on the run.

Some freshman girls enjoy a night out on the town!

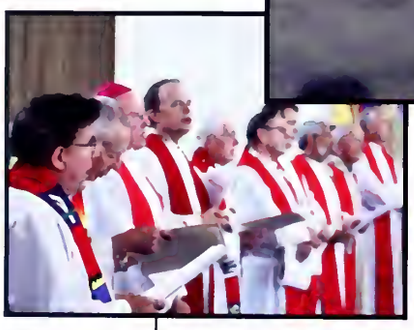


FOOD

Your mom warned you. That Freshman 15 is a killer. Not to mention the Sophmore 30. With all the freedom that college presents, students are forced to become more independent and either cook their own meals or find other ways to fuel the intense hunger pains. The Ranger Grille and the Cafeteria are excellent places to get that food fix, and so are the glorious restaurants located near campus. MMM!

MASS OF THE HOLY SPIRIT

What a great way to start off the year at Mass of the Holy Spirit. Members of the Regis community are invited to celebrate the opening of the school year by allowing a celebration of the Holy Spirit and welcoming joy for the upcoming school year.



A member of the community proclaims her faith and God's words during mass.

The Fathers come together and sing together in the opening song. Father Tom, the new priest at Regis leads.

A priest prepares the Body and Blood of Christ during mass.

This is the Body of Christ.

The Priest blesses a member of the Regis community. Although some attendees of the mass were not Catholic, they are still welcomed to celebrate.

Sing your hearts out, choir!

The Priests begin to celebrate the Eucherist. Mass of the Holy Spirit sure is great!

Father Tom rides his "motorcycle" around the room to entertain everyone on the retreat. If you were there, you know exactly what we're talking about.

Amber and Noah take some time away from the emotional, fun-filled weekend to play in the snow. Snow ball fights anyone?

Steve aka "Esteban" prepares a rap that dazzles all the retreatants. This man's got skills!

KAIROS

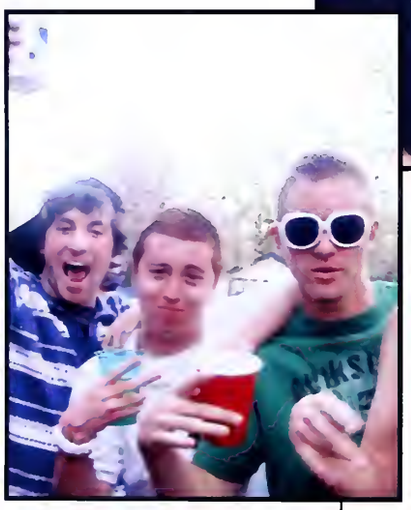
Live the 4th! Don't know what that means? Maybe you should take part in the amazing Kairos retreat. For three days, students of Regis come together to share experiences and create lasting bonds with other members of the Regis community. Kairos is considered a "secretive" retreat, and many of the big events are kept very hush hush in order to surprise the retreatants. Leaders and faculty worked very hard this year to make Kairos XVI an amazing, worthwhile experience for all involved.

Kairos is a great time to make bonds and get to know people while learning about yourself and God. These retreatants learned from each other and made long-lasting friendships.

Yep, that's Sheelah, taking some time away from her Pilates classes to get some spiritual renewal and bond with leader Katie.

Leaders come together to pray before one of the big "secret" events. These leaders worked hard to make Kairos amazing for all the retreatants.

It may look cold, but these students sure were having fun up in the mountains!



A group of the Lacrosse Boys get together and have a good time, dressed as pirates, duh.

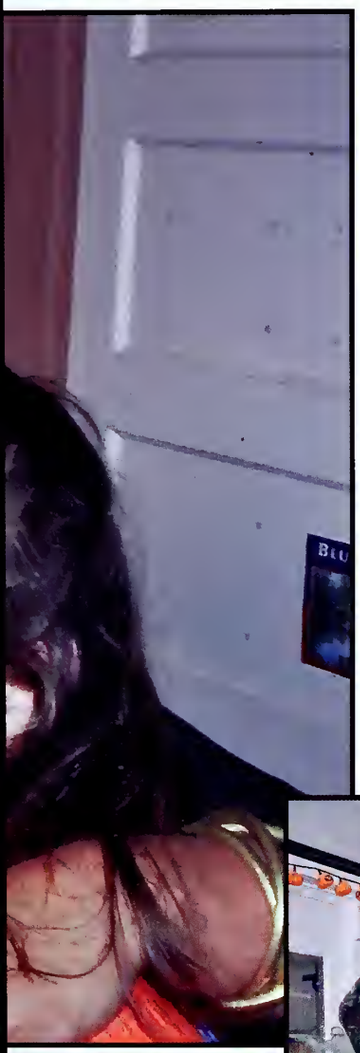
Hanging out with the guys... These boys love to mix it up!

Parties are all about fun get togethers! Smile girls, it's your last year!

Costume parties are always more fun!

PARTIES

So you're in college right? You're paying thousands of dollars a year for a great Jesuit education, but everyone likes to get loose every once in a while. Parties are a great way to meet new people, explore interesting opprotunities, and finally there's the ability to learn how one's bad decision making can become interesting on the day to day scale. Everything happens for a reason though, right? Who knows, but Tom Petty did say, "You have four years to be irresponsible here. Relax. Work is for people with jobs. You'll never remember class time, but you'll remember time you wasted hanging out with your friends. So, stay out late. Go out on a Tuesday with your friends when you have a paper due Wednesday. Spend money you don't have. Drink 'til sunrise. The work never ends, but college does..." Just don't tell your advisor.



Partying out of the "Regis Bubble" is fun too! These kids hang out at the XGames.

All dressed up with no where to go! Just kidding.

Wow... no comment...

Colorado can get cold...just ask the students and faculty who dug themselves out of the multiple blizzards that occured over Winter Break.

A happy couple smiles during their outing in Keystone. Or, maybe she just couldn't stop and ended up running into this random person...

White water rafting, what fun! During the winter months it might get problematic, especially when the river gets a little cold. Brr!

Kelsey catches some air while wakeboarding this summer.

Hold on tight! Don't fall in!

Pose before heading back down the slope!

Students enjoyed many concerts this year, including this G. Love and Matt Costa performance.

LIFE IN COLORADO

Colorado, a state with four seasons. Summers are warm and stormy, Falls are temperate, and Winter is full of snow. This year, just when you thought the snow was about to melt, another storm passed our way. Colorado has much to offer, particularly for the nature lovers. Students could be found hiking, snowshoeing, and skiing throughout much of the year. With such a wide variety of weather, the possibilities are nearly endless!

FALL FORMAL

Remember when your mom took you shopping for that prom dress in high school and told you you would never wear it again? Fall Formal was yet another chance to prove all that parental advice wrong. This year, the ladies and gentlemen of Regis donned their snazziest outfits and hit the dance floor for a night of fun. Some came looking for romance, while others were there simply for the ever-popular chocolate fountain. Regardless of the reason for attendance, every student enjoyed themselves at the dance. Students boogied until 1 am, where they were safely returned to campus thanks to the bus service which, thankfully, had no incidents this year.

Yeah, sure, you JUST used the couples ticket for the discount. We believe you.

Love is in the air at Fall Formal.

The Seniors definetly spiced up the dance floor at their last Fall Formal.

The majority of students were flyin' it solo at Fall Formal this year. Sometimes a girls' night is just more fun!

Everyone looked fabulous at Fall Formal.

Jenni and Corey get goofy during the ride to Fall Formal.

The lovely ladies from 55th and Julian smile for the camera.

It's not always play, because sometimes going home means getting a job. That's not so fun.

You're not going anywhere! Ha Ha! Merry Christmas...sorry.

Party it up, no school tomorrow! Smile boys, no school for four weeks!

WINTER BREAK

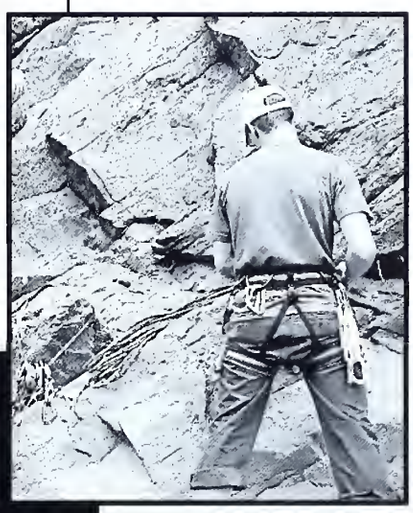
Oh finally, that one month at the end of first semester where you can do anything. Homesick? Go home! Tired? Sleep! Poor? Make some money! But.. there is always that downside of living with your family again, having a curfew, and realizing your parents weren't as cool as you thought they were while away for those four long months. Oh well, it's only a month, you'll get to see everyone again in approximately seven hundred and fourty-four hours. Winter break 2006-2007 was basically full of, well, snow.

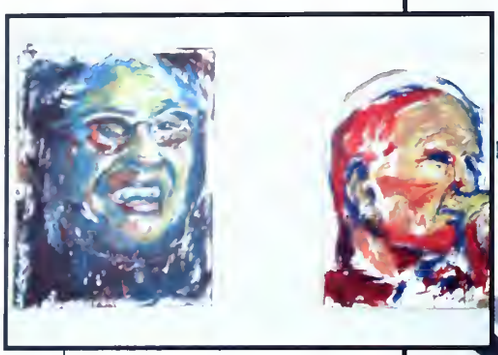
Pat begins to tie off in order to climb a side of a mountain. Good luck!

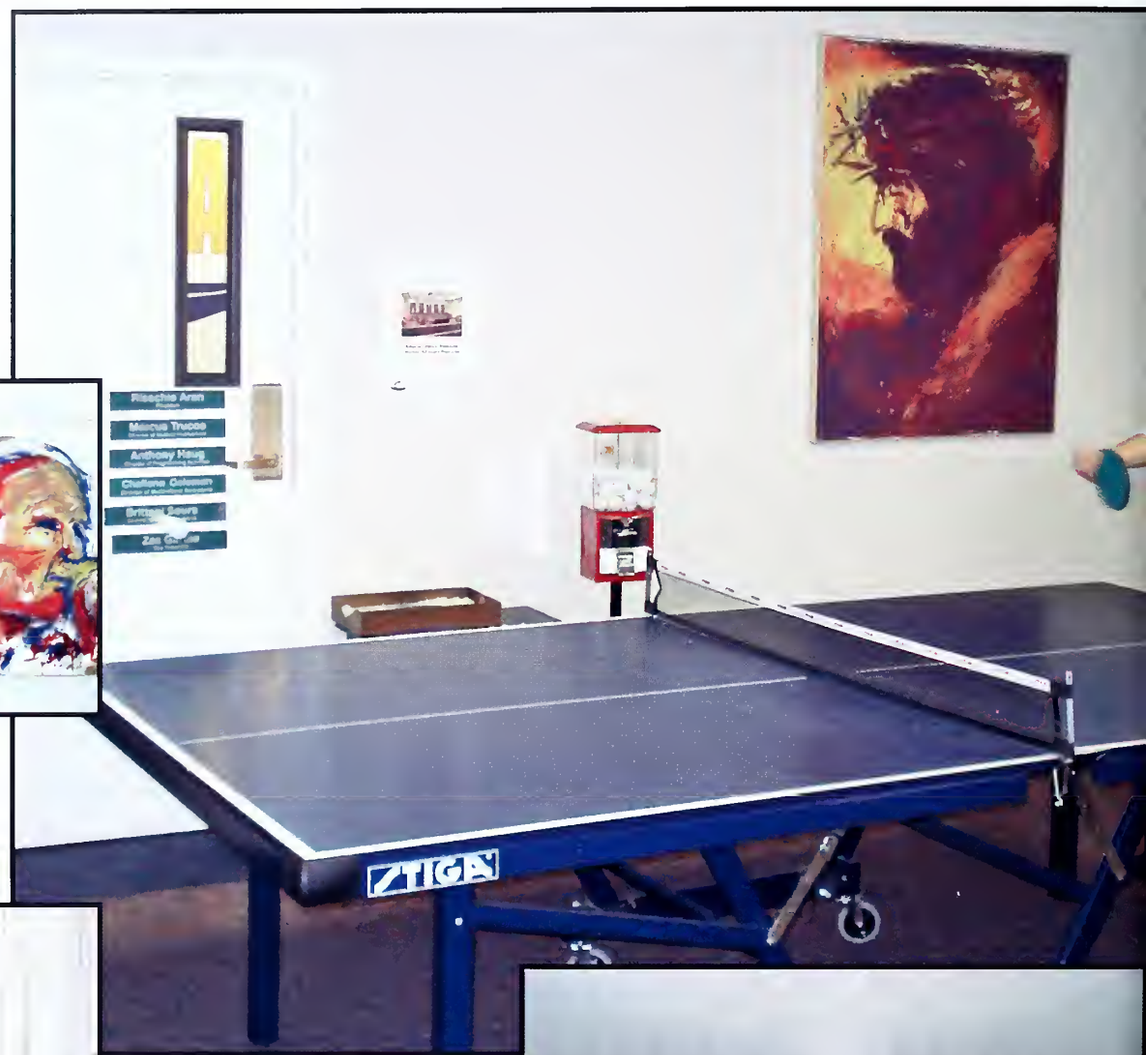
A happy couple takes some time to enjoy the scenery during one of their many days off.

Showing off their Christmas present, these boys know how to have some real fun.

Evidence of the second storm... just as disasterous as the first.







Artwork decorates the various walls of the Student Lounge. These paintings were completed by Devin Montagne, a local performance artist.

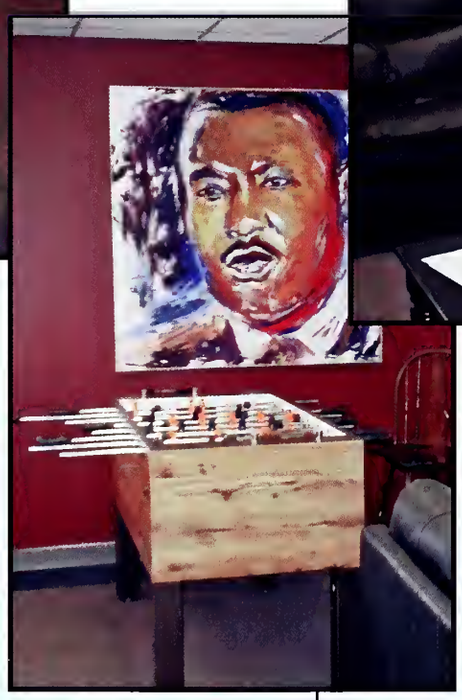
She shoots, she scores! Ally demonstrates her sweet ping-pong skills.

The Student Lounge is a nice place to relax and watch the game, or try your hand at a game of foosball or ping-pong.

A student relaxes on one of the comfortable leather couches. It sure is nice to relax and not have to walk back to the dorms!

STUDENT LOUNGE

Missing class never seemed so great! Now that the freshly furnished Student Lounge is up to date, students can take some time and watch some DIRECT TV, play some foosball or ping-pong, or just relax on one of the comfy leather couches. Conveniently located right next to the Ranger Cafeteria, the lounge is a great place to hang out after a meal and catch up with other students. The only downside--rumor has it ping-pong balls have been disappearing very frequently for some odd reason. Hopefully the new gumball machine that dispenses balls at twenty-five cents a ball will stop some talented "pongers" from stealing the plastic balls.



A procrastinators dream! With over three-hundred channels, no wonder so many kids have been missing out on important classes. Oh well, it's only college.

Foose ball, a game of endurance... careful, one of those guys doesn't have any legs!

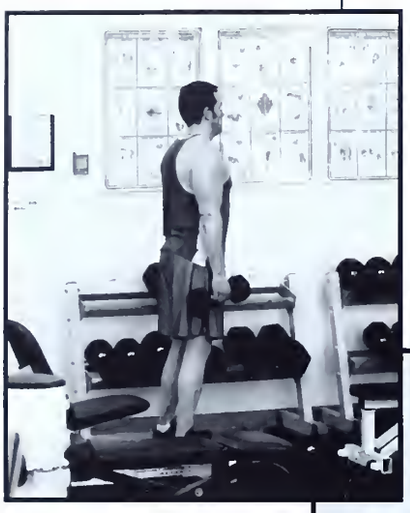
Why eat in the Ranger Grille or Cafeteria when you can avoid all the rush? Students get some space and relax in the Student Lounge in between classes.

Maybe, if I become a bodybuilder, I can become the governor of California one day, too!"

This guy is obviously finishing up his six minute ab routine for the day.

Must be a Thursday night. Everyone's too busy to workout.

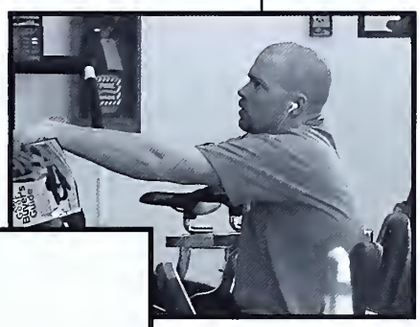
Work it!



A student enjoys the ever-popular climbing wall for his daily exercise.

This man knows the importance of a good workout mix.

I wonder why every time I look at this place I want a nice, cold beer...

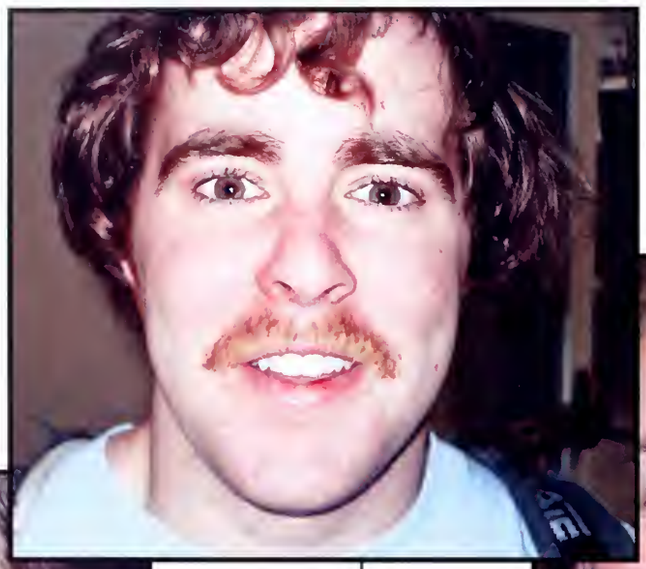


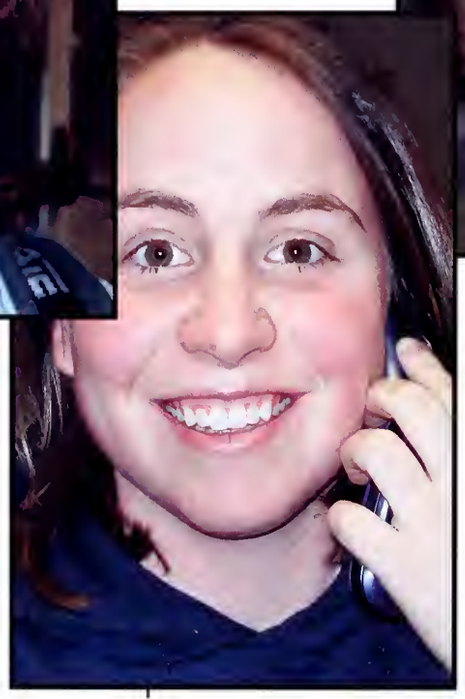
FITNESS CENTER

Thanks to Kanye's workout plan, we all learned the value of exercise and looking good while we attending college. The Fitness Center, ironically located in the Coors Life Directions Center, allowed students to enjoy free equipment and classes to keep them in tip top shape. With a variety of cardio and strength training machines, as well as the recently added rock wall, there were many ways for students to achieve their fitness goals. With a great staff of students, you were sure to see your friends, and even some professors, each time you entered the popular campus location.

FAMOUS FACES

So you go to Regis? That means you go to school with a little over 1,000 people. That's right, the same 1,000 people. However, there are always those same few you see everywhere. The library, the cafeteria, the gym, the bathroom... and it seems like you always seem to run into them in the most awkward situations at the worst times. Are they stalking you, or just highly motivated "involved" students? You decide ...

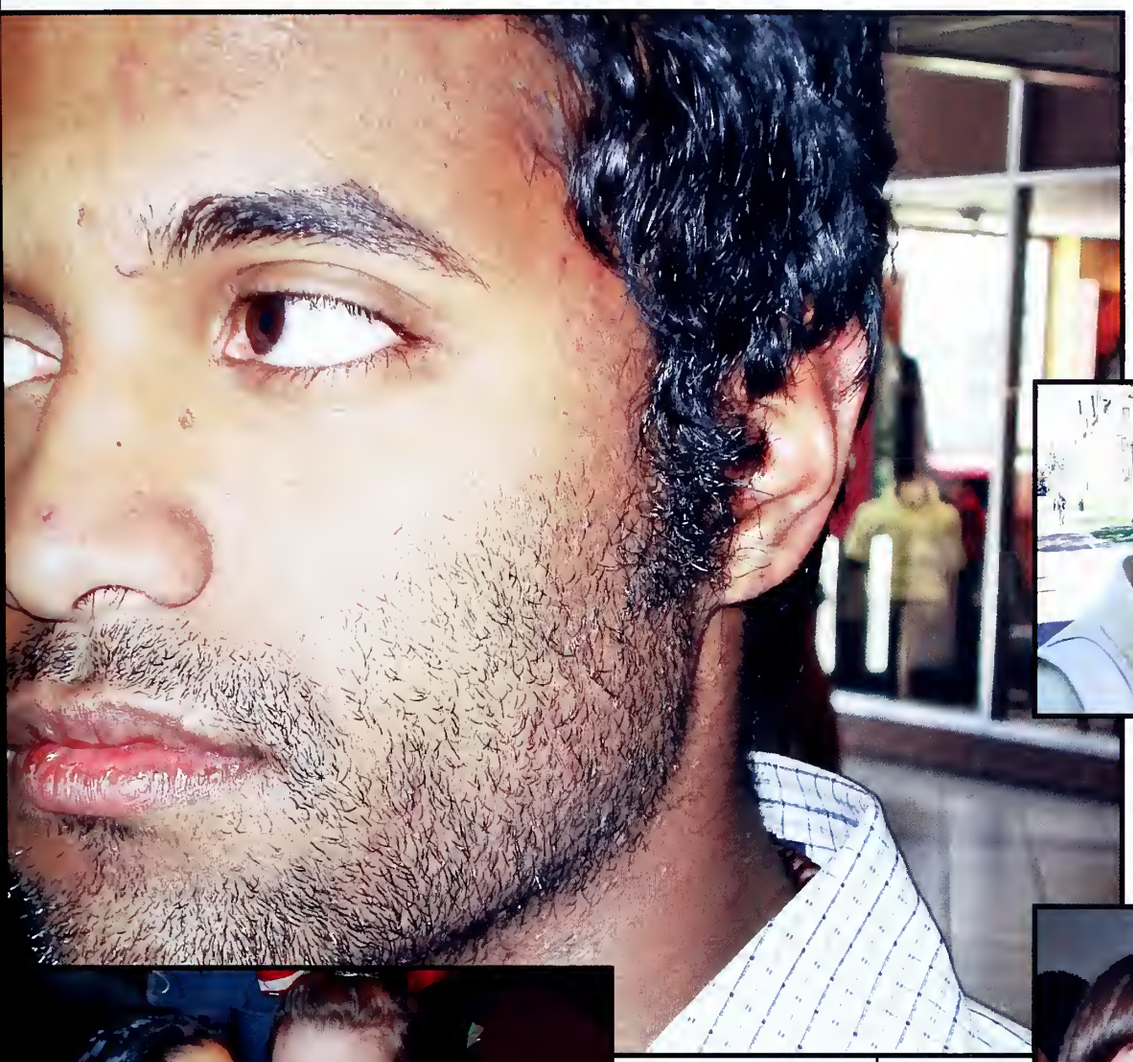




The man with interesting, ever-changing, facial hair. You never know what to expect.

Volleyball super-star Meghan gives a funny face. All work is no fun!

Senior Senator Katie Simons gabs away, talking to one of her many friends. It's not easy being popular.



The legend. Risschie Aran. What can be said except he will be missed.

The beloved Tommy (a.k.a. Tizzle). The boy with a heart of gold.

These girls are key facebook stalkers. It's a good thing--they do their stalking in private.

Emily and Sarah take a break from their hectic schedules to pose for jealous onlookers.

Mike takes a second to reflect during the prayer hike, preaching silence and revelation.

The recently dedicated chapel was often full of students and other community members for Sunday Mass.

New friends meeting on a retreat pose for the camera!

RETREATS / UNIVERSITY MINISTRY

While attending a Catholic university, religion is often present within the curriculum and in all the classrooms. Regis also works to provide a seperate office dedicated entirely to the establishment and growth of faith for the students. Through University Ministry people can become involved in a variety of clubs, retreats, and activies that promote spiritual growth and new relationships. Retreats and University Ministry are a great way to discover new friends and reestablish your faith.

This student serves as a lector, one of the various duties liturgical ministers performed this year.

These ladies take a break from their spiritual activies to pose for a picture up in the mountains.

Chug that syrup Sean! Retreats allow for people to let loose... or just get crazy.

Celebrate! The new chapel officially opens! No more double-wides!

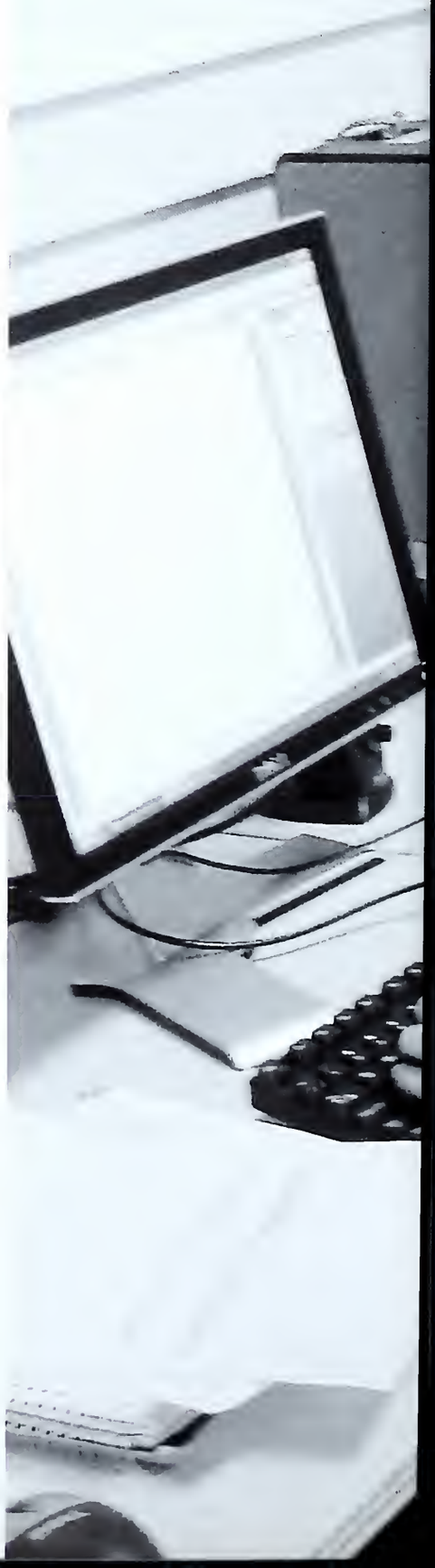
ACADEMICS DIVISION

Can you find these pictures throughout the division?

HINT: Despite the crucifix in the background, this is not a religious studies class.

HINT: Bill Gates hearts this class.

HINT: Trick or treat!



A group of great students attentively listening to their professor. Way to make your parents proud!

Business majors practice their skills during presentations like these.

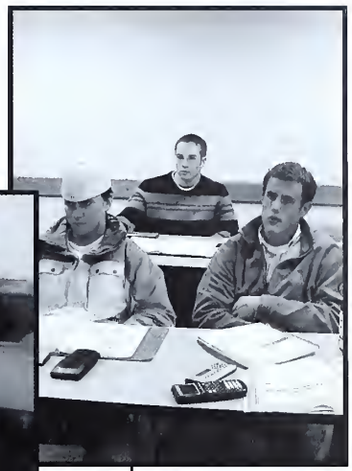
Don't fall asleep, we see you.

Readin', writin', 'rithmatic, too much homework makes me sick.

Crunch those numbers

BUSINESS / ACCOUNTING

Do you like numbers? Do you like negotiating? Taxes? Money? If you answered yes to any of these questions, or if you just think that math is fun, you may be an Accounting or Business major. Students studied and discussed many current issues this school year, all while learning practical skills that will probably help them land a sweet job after college. Although the work may seem tedious to some, these two departments kept students engaged with many real life examples of how important these fields are in the working world today.



"This auditorium would be the best place to play 'Heads Up 7 Up' like the good old days."

Although public speaking may seem scary, practice makes perfect!

Who knew there would be so much to talk about in Accounting?

These students must be busy thinking of all the money they will make after graduation...but only if they can master what's on the board first.

ENGLISH / WRITING CENTER

Do you want to learn to write better, speak more eloquently, and be a poetry-quoting genius? If so, you should either stop by the Writing Center in Loyola or declare an English major. Both have great groups of people who work hard to ensure that all Regis students graduate knowing how to write a coherent paragraph or cite a paper. Thanks for all your hard work!

These two look like they're enjoying themselves at the English Department's Holloween party. What literary figures do you think they are? A lady with a tiara and a man with a beer stien? Go figure.

If you can't solve the mystery behind a class paper, the Writing Center has some great detectives, always willing to listen to all of the evidence.

Writing a paper in Freshman Seminar never looked so fun.

Students can always find a friend to help out at the Writing Center.

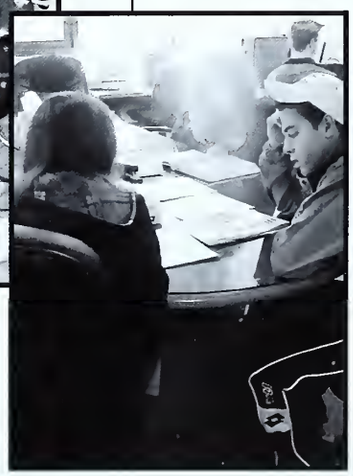
What's with the bow? It must be an English thing.

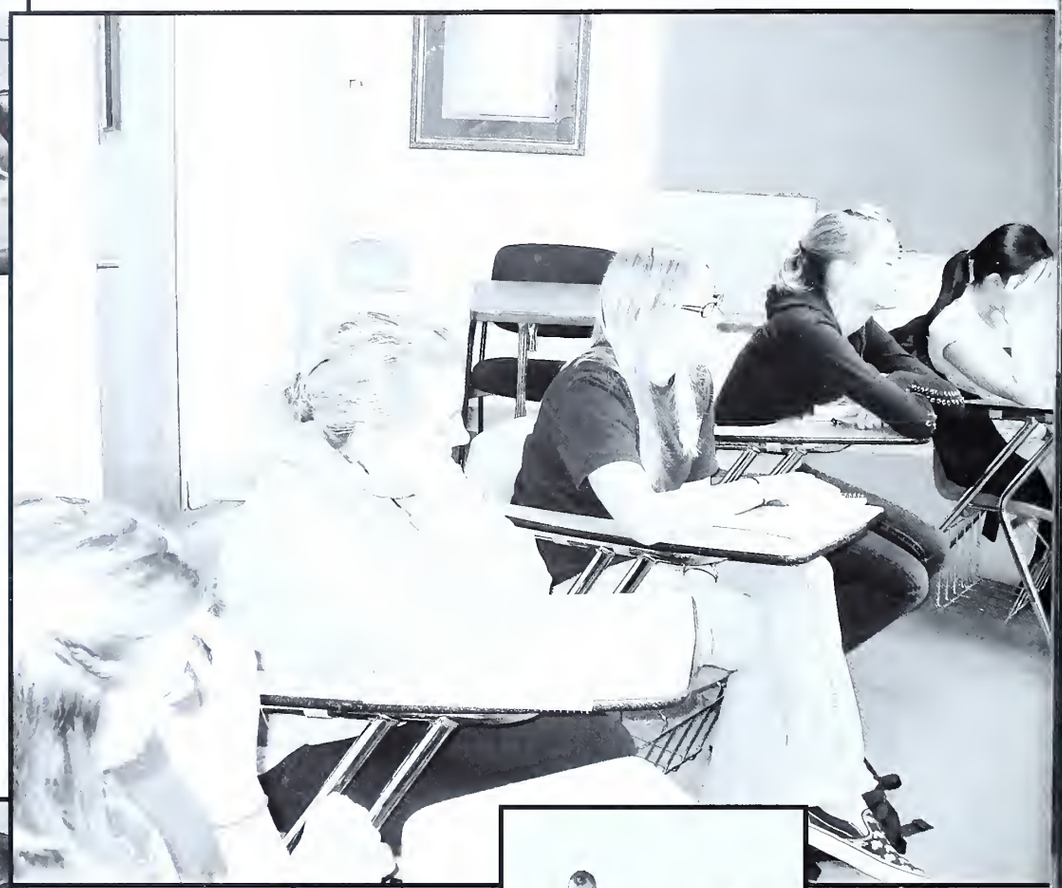
There are a ton of people working in the Writing Center, it must be the comfy chairs.

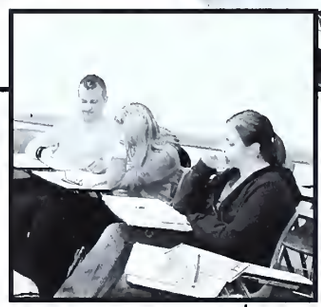
Deep in thought? Or in a deep sleep?

The English Department's annual Halloween party brought out many creative literary characters!

These students listen to Dr. Karpinski's story telling abilities.





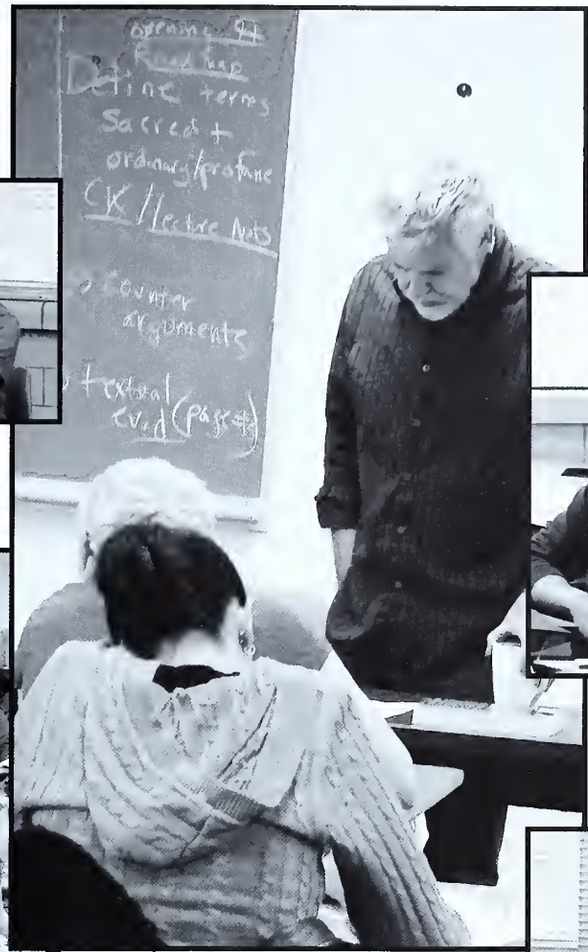


Never forget that learning is supposed to be fun, kids.

Preach to your people!

Sometimes classes seem a little overwhelming because of the complex subject matter, but you won't learn if you fall asleep!

So many philosophers, so little time.



These students are obviously considering the deep ramifications of Descartes' theories.

Don't worry, the teacher won't call on you if you look like you are pondering the question. They don't want you to hurt yourself too much.

Gill Gardner, one of the most popular Sociology teachers, probes students during one of his in-class quizzes.

What is human nature? Yeah, don't worry, everyone would look this confused if asked to answer in class.

I think, therefore I am. With all this thinking, there is no doubt that these test-taking students exist.

PHILOSOPHY & SOCIOLOGY

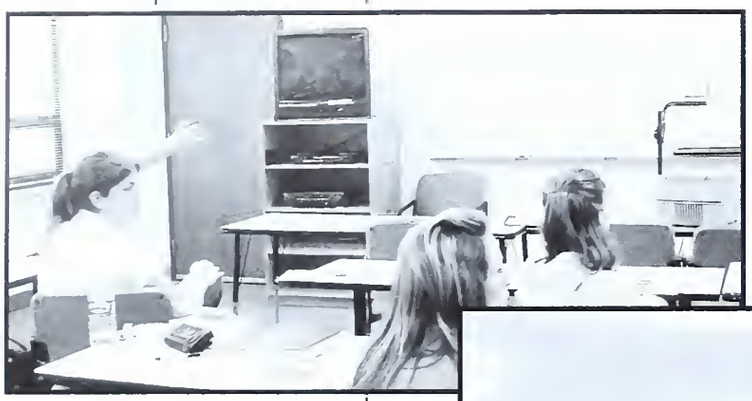
It is nice to find classes that expand thinking past the basics of Business or Nursing, two of the most popular majors at Regis. Sociology and Philosophy classes teach students to expand their knowledge on those simple topics (yeah, right) of what constitutes human nature and how or if we can make the world completely equal. Many students express interest in these topics because they are different from the traditional methods or mainstream ways of thinking about our society. Good job Jesuits, help us change the world!

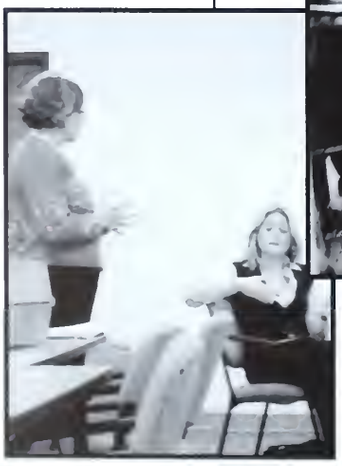
Having a great dicussion with the professor.

Learners becoming leaders, not nail biters.

In this education class, raising your hand is always encouraged.

To kick it like the detectives on T.V. these students will have to pass this psychology test. Eek! Looks tough.





PSYCHOLOGY / EDUCATION

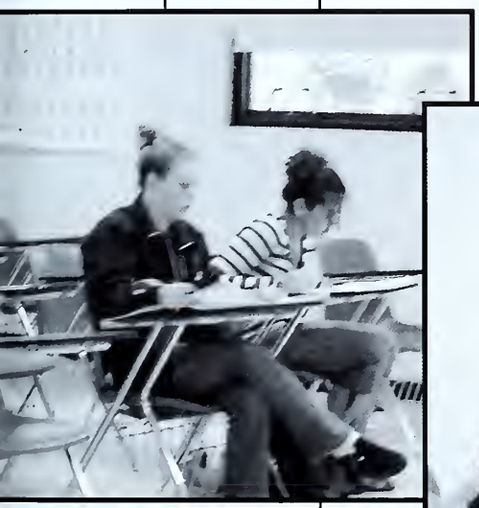
The Psychology and Education departments work hard to help students learn about the mind, how to both shape it and understand it. Those studying to be teachers practice their skills in the classroom with student teaching, and all the future psychologists can be seen experimenting in the Science Building. Either way, learning about the mind will undoubtedly help our society's future.

They are racking their rains for the answer to ne test question. Which part of the brain does swering questions come from?

Story time in Education class.

These girls are learning all about the brain so they can analyze weirdos like you.

Sometimes the lessons in Education classes get so intense, you just have to sit on the table.



Great listeners becoming great teachers.

Gina and Julie pose in rainy Rome. Maybe they were even listening to Hilary Duff's "This Is What Dreams Are Made Of."

Lesley hangs out with some new friends in Madrid.

A student smiles under a mountain. Those sure don't look like the Rockies!

Friends learn in the classroom and then get to explore the cultures of various countries!

Jacqueline and her new friend are all smiles in Morocco.

STUDY ABROAD

See the world, explore yourself, and learn a lot. Students at Regis University are given the opprotunity to travel and learn in new countries each semester. Students can choose to study in locations such as Rome, Brazil, Spain, and Australia. Students are able to explore the world around them by placing themselves into a new culture, learning from others, and themselves. Talk about a great experience. Sometimes it's nice to get out of the "Regis Bubble."

John gives a thumbs up on his hike. The man in the background loves to be creepy.

Chance takes a familiar stroll down a crosswalk like the Beatles did. Very original Chance.

A group of students pose for the camera. Studying abroad introduces many students to new places, people, and experiences.

Cassie poses in beautiful Australia. I'm sure things were delightful down under!

FINE ARTS / MUSIC

At a liberal arts university, it's obvious that fine arts will play an important role in students' curriculum. The new O'Sullivan Gallery and the prominently displayed art in Main Hall both show the presense of the arts on our campus. On top of the required Fine Arts Core, there are many class options for students who choose to continue their education in these creative fields. Music classes and lessons, including instruments like guitar and piano, as well as various types of voice instruction, are all available to the musically inclined. Painting, drawing, printmaking, and sculpture are just some of the options for Fine Arts majors, minors, or students who want to expand their awareness of art, and contribute to the well-round education available at Regis.

The O'Sullivan Gallery provided Regis with the opportunity to meet local artists while admiring their work.

We all know viewing art is just as important as making art. So do you think this student's intent gaze is a good or bad sign?

Kat and Daniel make sure to show off their vocal talents by standing front and center in their class program.

Look how happy art can make you!

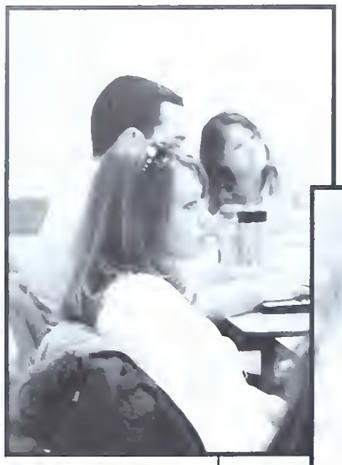
Is this woman performing or scolding a bad listener? Let's hope it's the first option.

This student experiments with a variety of mediums in her Sculpture class.

We all knew that the hills were alive with the sound of music, but this class proved that Regis, too, is full of many talented vocalists.

Play that funky music, white boy!

Much better than Guitar Hero...



Could these two students be discussing the current presidential nominations? The world may never know...

History repeats itself...especially when you are in class every Monday and Wednesday at 2:30.

Many memories were made for both students and faculty alike at this successful event sponsored by the History department.

Maybe this guy is imagining himself as a samurai. I mean, that's what most people do in class, right?

This guy must be wondering why it is called the Hundred Years War if it actually lasted 116 years.

Listening intently to all the speakers at the big gala.

Dr. Clayton enthusiastically speaks at the annual Center for the Study of War Experience event.

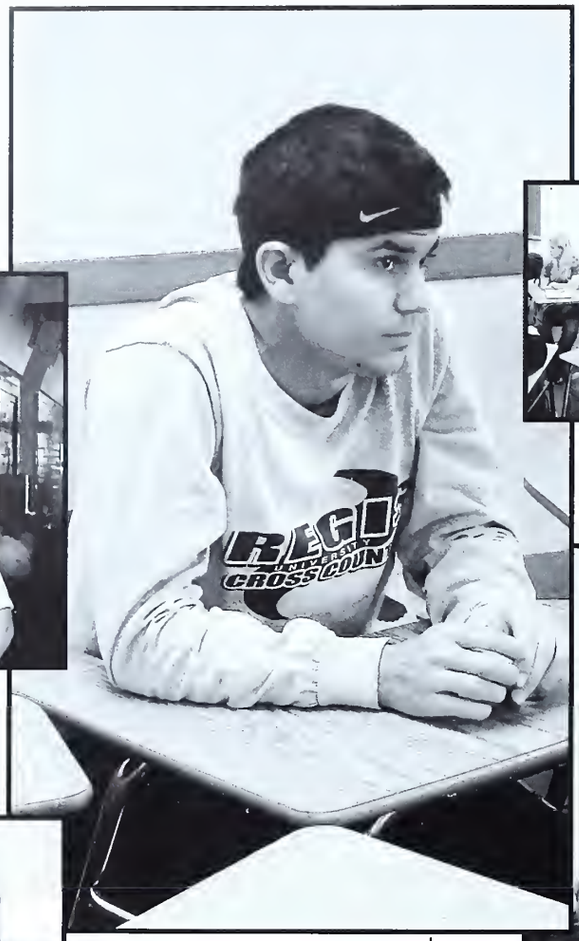
These three students obviously believe Socrates' teachings are alive and well. Socratic Circle, anyone?

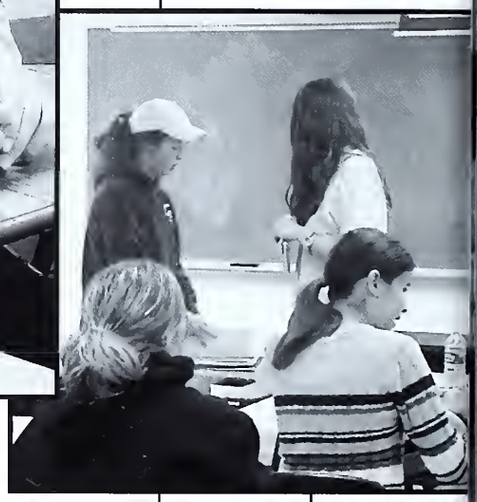
he History department
ust be happy that so
nany students attend
ass. Way to make your
professors proud!

POLITICS / HISTORY

Four score and seven years ago...well maybe not that long ago, but Regis's History and Politics departments sure have been around a long while. In that period of time, hundreds of students have learned about the history of our own country as well as the history of Western Europe, Asia, and the rest of the world. Others have chosen to study about past and current political systems, strategies, and parties. Even if you do not specialize in these majors, knowing the history of your country's politics ensures your position as an active citizen, ready to serve others.

Nothing brings out smiles like these except for an excellent class discussion.





These students arrange their desks in a circle to facilitate conversation.

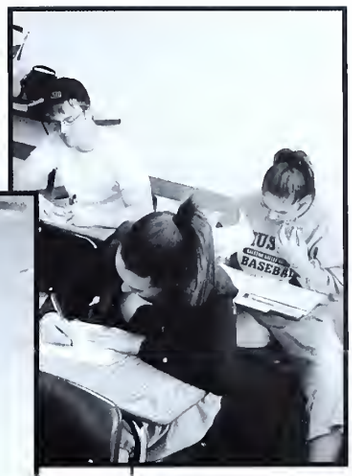
The religious studies office provides a welcoming environment for students.

Adrian remains deep in thought about religious doctrine.

RELIGIOUS STUDIES

Religious studies courses are a mandatory and important part of the Regis core curriculum. Since Regis is a Catholic university, many students believe that the courses in religion will be biased and one-sided. However, Regis does an excellent job keeping the beliefs of the institution from biasing the curriculum. Religious studies courses at Regis cover all religions, giving preference to none.

Religious studies cours are some of the most interesting and popul classes taught at Regis

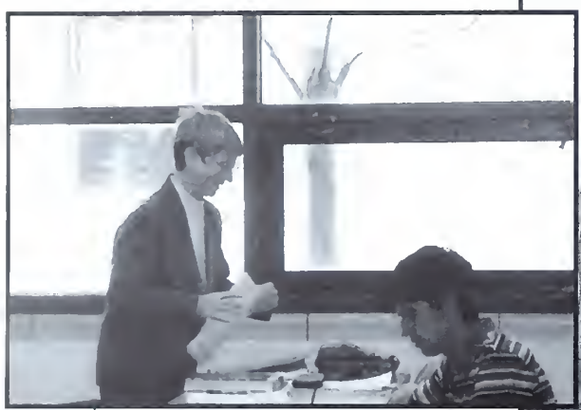


The religious studies classes is all eyes and ears for the student presentation.

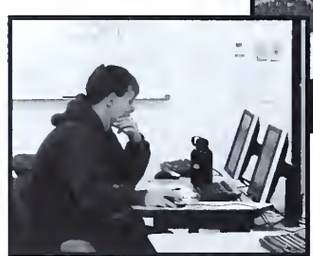
These guys decided to match their outfits for group presentation day.

Hangin' out in the religious studies office.

These students are all absorbed in their studies.



This professor looks a little mysterious. Watch out, it could be because she is thinking about giving her students a pop quiz.



Hey! Someone took a byte out of my PC!

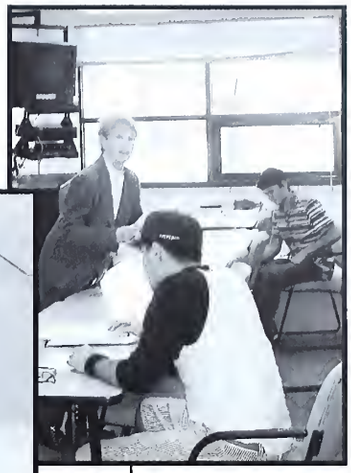
How many computer science majors does it take to plug-in a computer?

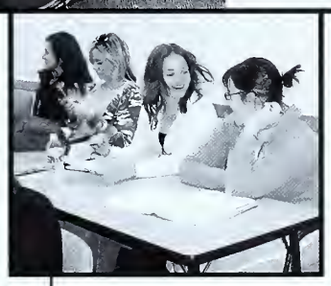
Time to learn!

Because fluffing your h is the most importan thing besides the statis classwork.

COMPUTER SCIENCE / MATH

Bill Gates has more money than the bottom forty percent of the United States population combined. With facts like that, who wouldn't want to be a Computer Science major? Computer skills are increasingly important for students and people in today's workforce, and Regis's own Computer Science department helps prepare all of its students to be talented, successful computer wizzes. And the Math department? They can count all that new money for the rich Computer Science majors! Now that's serving others.





Now this looks like the class size we pay for.

These computer science majors are obviously working diligently to decode secret messages.

If she can fluff hers, I can flip mine. And the race for the best hair in Statitics class continues.

He seems to be concentrating very hard on that problem. You can do it, tiger!

LANGUAGES AND TABLES

Have you ever wanted to travel the world and go to fabulous places? Students at Regis are required to take one year of a foreign language, making it easier to communicate with others around the world and even within their own community. Many students use their newfound language skills to spend a semester abroad, and two of the most popular destinations are Spain and France. Others use their language abilities to build their resumés, as fluency in Spanish especially is becoming increasingly important in Colorado.

Tengo hambre. This person needs to get to th caf stat.

No English allowed in this classroom!

Habla español?

A group works together to finish their assignment.

These students are brushing up on their syntax and grammar.

This student is hard at work studying up on her conjugations.

Parlez-vous français?

Students spend some quality time in the afternoons at Spanish Table.

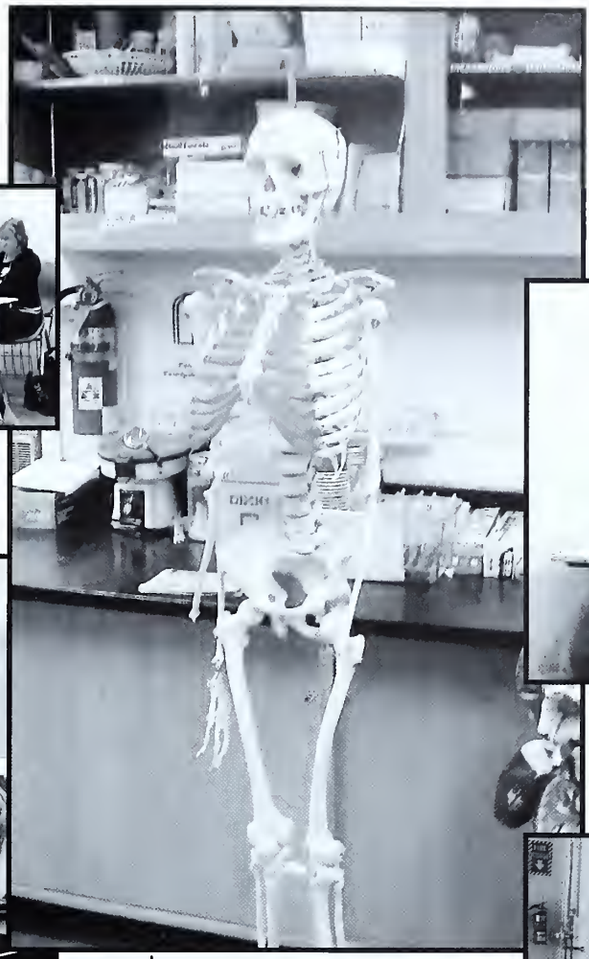
These students converse at Spanish Table every Wednesday in the Grille.

Cheer up, kids! Learning about Biology isn't that bad.

We'll spare you the corny joke about studying anatomy together that we almost put here. You're welcome.

These avid note-takers demonstrate the power of the written word, particularly when attempting to remember the Periodic Table.

I think I can, I think I can. .



"Chlorophyll? More like BORE-ophyll!"

Studying chemical reactions is hard work.

Don't worry, that equation confuses us, too.

This is just a little reminder about what happens to students who don't come to lab.

Finney instructs these students about the wonders of the natural world.

BIOLOGY / CHEMISTRY

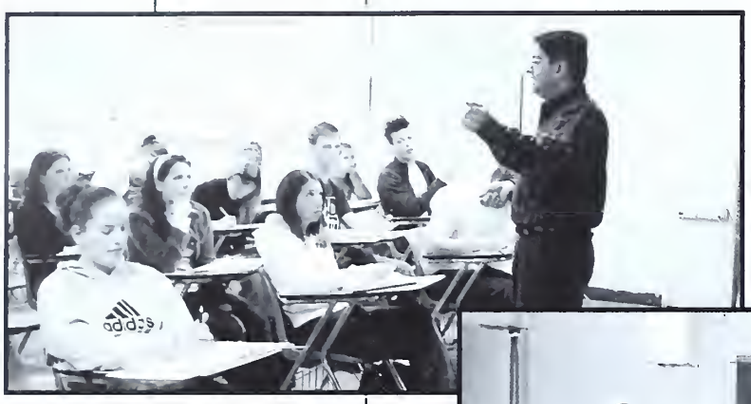
Although some may think that Biology and Chemistry majors are solely for students of the bookworm persuasion, there is actually a lot of fun to be found within these two fields. Explosions, dissections, experiments, and diagrams are all part of the fun, and prove that science majors know how to have a good time. Not only do these subjects provide a great deal of fun to students, they also produce careers that will transform our futures. When Biology and Chemistry majors one day discover the cure for cancer, prevent the avian flu pandemic, and find a fountain of youth, we will all be eternally grateful. So cast aside those stereotypes about your four-eyed friend next to you, and thank them for all they will one day do for you!

This student is hard at work memorizing physics equations.

The class pays close attention during the neuroscience lecture.

These students enjoy a lecture on neuroscience by Dr. Lafosse.

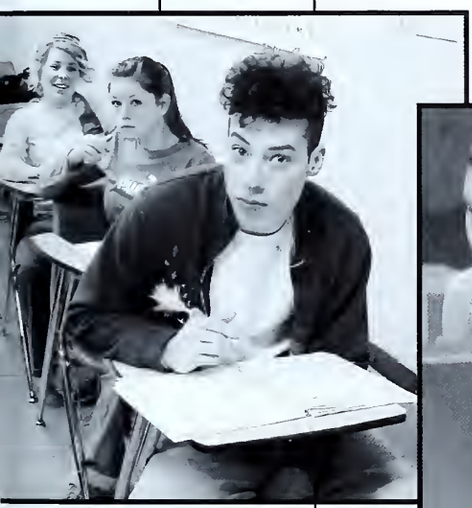
Who doesn't love a physics lab?



PHYSICS AND NEUROSCIENCE

Physics and neuroscience are two of the most difficult majors at Regis. Both sciences are incredibly and constantly changing, as more and more research comes out. Although most people will probably never be able to understand either of these subjects, an elite group of Regis students has chosen to make these subjects their own areas of expretise. To these brave few, we offer our sincerest admiration.

rprise! You're on candid camera.



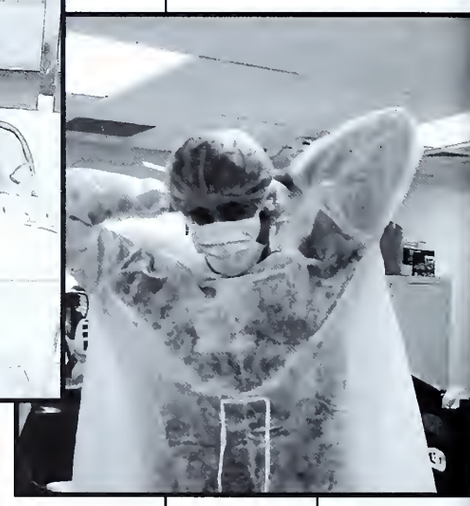
Hard at work in the physics lab.

These students are busy calculating complex equations.

Labs are more fun than lectures because you can move around and talk to friends.

These students are so engrossed in their work that they don't even look up for the camera.

First day of Kindergarten? No, silly. First day of clinicals.



Brittany makes suctioning look easy.

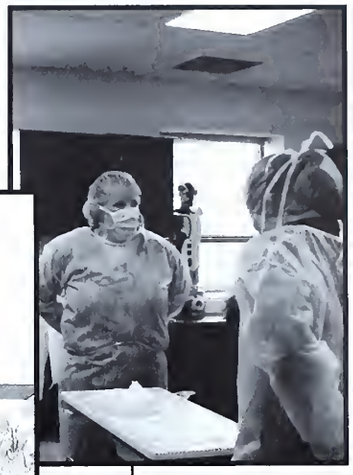
This student is making sure the patient's pulse ox does not fall below 90%. What a good nurse!

Ratio in nursing= 1 Man to 30 Women. He's a lucky man.

Always have to be prepared for those high diseased patients...you never be too prepared

NURSING

Have you ever been walking through the Quad and seen a flash of navy before your eyes? Do not be afraid. Regis does not have ghosts dressed in navy and your eyes are not playing tricks. These are the panicked and stressed Regis University nursing students. People may notice their friends have dwindled down after they reach their junior year. This is only because upon reaching junior year the nursing students are forced into seclusion (it's not their fault, don't blame them). If you place blame, you better run because they will give you an IV of potassium.



The nursing students in lab are learning how to give a newborn bath.

All the senior students practicing their emergency nursing skills.

Aurora and Vanessa make the nursing class look beautiful.

I'm not dead yet! (Insert British accent here).

HONORS / NSCS / ALPHA SIGMA NU

What do the Honors program, the National Society of Collegiate Scholars, and Alpha Sigma Nu have in common? These groups are all composed of Regis students who are a cut above the rest. Students in the Honors program take special, more challenging courses every semester of college, and write an honors thesis before they graduate. NSCS is a society which honors those students who have managed to maintain a very high GPA throughout their college career. Alpha Sigma Nu also requires students to hold a high GPA, but they must additionally be committed to serving others. If you see any of these students, make sure to congratulate them on all their hard work and accomplishments.

Is Megan the Alpha Sigma Nu Secretary or the Treasurer? No one really knows.

These ladies were just inducted into Alpha Sigma Nu.

Being in Honors rocks!

Look at that face!

What a huge group of intelligent students!

We just joined for the food!

Anthony is busy being the natural leader he was born to be.

Honors students tend to get a little excited in class.

Dr. Bowie and NSCS officers smile at the induction ceremony this November.

Members of the Regis community gather to hear a speech in the Student Lounge.

A passionate speaker talks about diversity at Regis.

Esera Tuaolo speaks to Regis students about his experience being gay in the NFL.

Elaine Brown, the only female leader of the Black Panther Party, was one of the most popular speakers this year.

The Catholic Speaker Series was very popular this year.

An interesting speech AND delicious food... What could be better?

Isn't it funny that most classes are half empty, yet a good speaker can fill up the entire cafeteria with students?

The founder of Doctors without Borders Canada was a phenomenal speaker.

ways fun to listen to a aker with a sense of humor.

SPEAKERS

Even more memorable than the lectures students are mandated to attend every day are those which are wholly optional. Every year, Regis hosts an impressive number of guest speakers on topics varying from religion to social justice issues. This year, Regis students were given the opportunity to hear a phenomenal line up of speakers including NFL player Esera Tuaolo who shared his experiences as a homosexual in professional football and Elaine Brown, the only female leader of the Black Panther Party. Those who chose to attend these speeches were left with wisdom they will never forget.

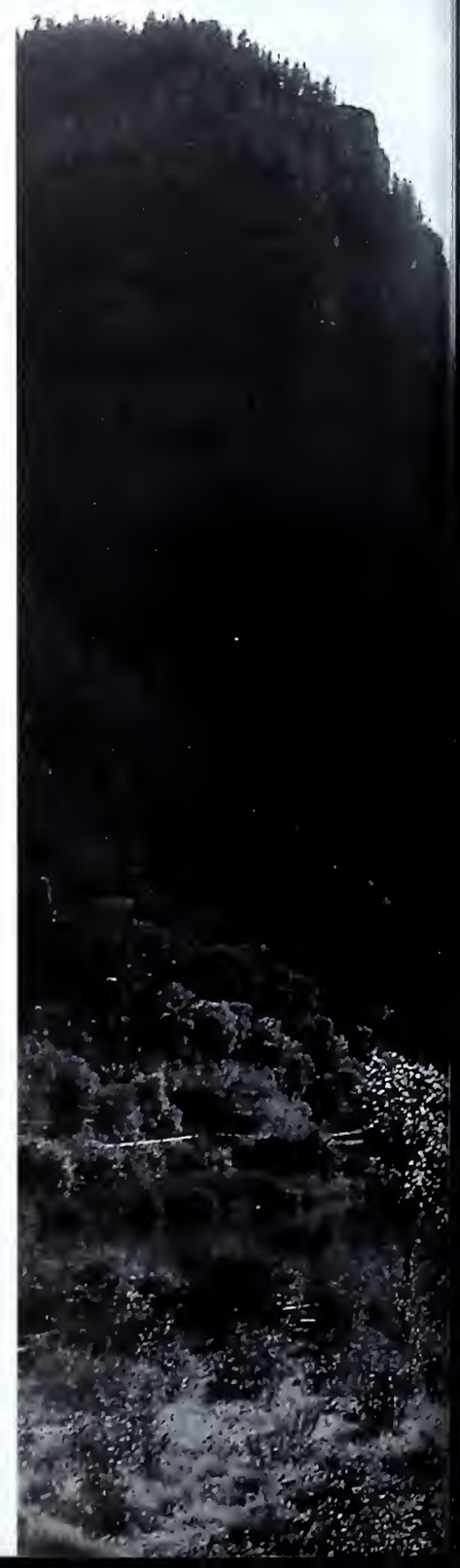
CLUBS DIVISION

Can you find these pictures throughout the division?

HINT: This state was readmitted into the Union in 1870.

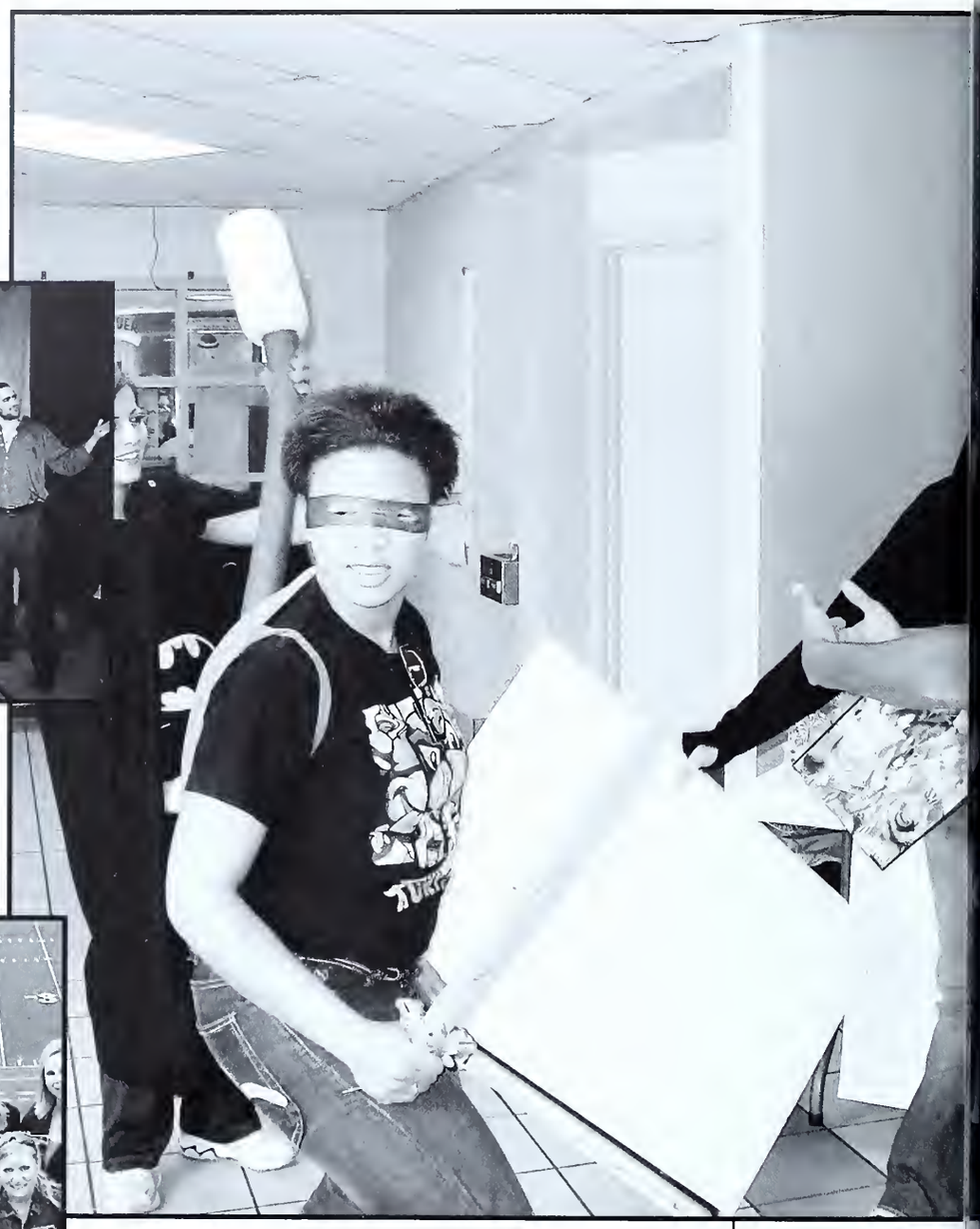
HINT: Smart people club.

HINT: 101.5



Looking classy, ladies and gentlemen.

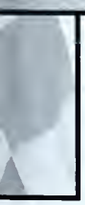
The members of RUSGA pose for a beautiful picture in front of the camera.



Cowabunga, dude!

RUSGA

RUSGA, or the Regis University Student Government Association, is an important part of the Regis community. These elected student leaders plan out student life events and work hard to make important changes on campus. Whether they are on the senate, judicial board, or executive cabinet, most students will recognize these individuals as the extremely involved students that seem to know everyone.



Not only is Tori a fantastic Chief Justice, she is also a pretty good poker dealer.

Recognize these RUSGA student leaders?

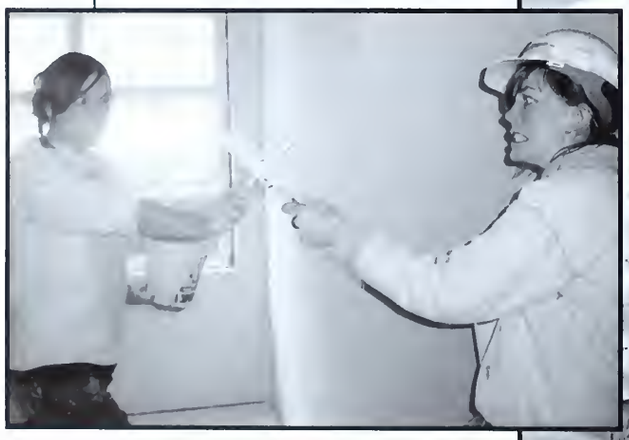
It's Batman and... well... no one's really sure what Risschie is supposed to be.

Zac lays out the cards for some Regis high-rollers.

Seattle, Washington! Where the adventure occured!

Monica, Sam, Liz, and Emily take a break from the dust to strike a pose. Wow, are these girls covered in dust.

This wasn't the first paint war... Good job not letting the fumes get to your heads ladies!



Brittani ponders what she is going to paint next.

The triplex that Tim and the girls help build during their voyage to Seattle.

The ladies take a break from building to hike Discovery Park.

Master painters Mollie and Hayley know what painting inside the lines is all about!

HABITAT FOR HUMANITY

As an alternate spring break, several students participated in the Collegiate Challange located in Seattle, Washington. The group was comprised of ten girls accompanied by the very brave Tim, who works in Student Activities. During their week stay, the girls built and painted both a duplex and a triplex. The girls stayed in a church and relied on public transportation to get around Seattle. The girls said it was hard work, but a lot of fun. Tim might have had a different account of the trip...

COSTA RICA SPRING BREAK TRIP

For many Regis students, spring break of 2007 provided an opportunity to go home, take a trip with friends, or stay in Denver and catch up on some much-needed rest. For a small, adventurous group of students, however, this spring break was anything but ordinary. These students traveled to Costa Rica to enjoy sightseeing in the rainforest, days at the beach, and even an exhilirating canopy tour. After spending a week partaking in all that Costa Rica has to offer, the students returned to Denver with newly tanned bodies, great memories, and lasting friendships.

Are helmets and safety harnesses the new fashion trend?

Whoa, look! Bananas grow upside down!

These students are all smiles on their flight to Costa Rica.

Canopy surfing is awesome!

The group of Costa Rican adventurers poses for a quick photo.

You haven't really seen the rainforest until you've seen it from the canopy.

This explorer is hoping to spot some wildlife in the Costa Rican rainforest.

These ladies are whipping up some tasty frozen concoctions.

Lookin' great ladies.

Joining a club is a great way to make friends.

The CHOICES staff works hard putting on events around campus.

CHOICES

CHOICES is one of the most important clubs on campus, since we all know that college is one of those times that people might not make the best decisions. The dedicated members in CHOICES spend their free time sponsoring events to educate the student body about making healthy decisions and using their newfound freedom more responsibly. So the next time you are planning to go out on a Friday night, don't forget those wise words you learned from a CHOICES event.

CHOICES teaches students about important issues like the consequences of smoking tobacco.

Group photos are always fun slash hectic.

We just joined for the food.

Not only are Regis's RAs smart and involved, but they're athletic too! Perfect if they ever want to break that hall sports rule...

Lookin' suave!

RHA officially wins the record for organization with the most group photos.

RAS / RHA

Resident Assistants are one of the most important and visible groups on the Regis campus. The system works well for RAs, who receive free room and board, and students, who receive friendship and advice from one of their peers. Although RAs and Peer Ministers are often forced into disciplinary roles, they also serve as mentors to their residents. So if you live on campus, make sure to smile and say hi next time you see your RA. We all know how hard they work putting on those programs!

Who knew that looking good was one of the requirements for RHA?

Psst....I have a secret. I prank call on the walkie talkies.

This man should consider a future career in street performance after Regis.

Oh baby all I want for Christmas is youuuuu!

Trevor and Emily have an intimate conversation at dress rehearsal.

Anybody up for some choreographed dancing?

Doin' the chicken dance.

Nice overalls, Tony!

These guys are doing the sprinkler.

The girls practice one last time before opening night.

Trevor gives yet another inspirational speech.

FOOTLOOSE

This year, the Regis Ramblers chose to perform the hit Broadway musical Footloose. The story centers around a male teenager who moves from Chicago to a small town, where he is devastated to learn that rock music and dancing are outlawed. The Ramblers did a great job singing and dancing, and everyone enjoyed the performance thoroughly.

COMMITMENT PROGRAM

The Commitment Program at Regis provides students with a variety of services including tutors, study rooms, and free food, all the necessities that are needed to be successful in college. Commitment Program students can also be found volunteering in the local community, and are involved in organizing the Father Woody Christmas Party which provides dinner and gifts to the less fortunate.

It's time to party!!!

Santa's helpers deliver gifts and spread holiday cheer.

The Commitment Program is not only about serving others, but also about meeting new friends.

Fr. Sheeran is joining in the fun.

Commitment program students enjoy free food at Dr. McCabe's.

Helping those less fortunate is an important party of the Commitment Program's mission.

These students are having fun wrapping gifts for the underprivileged.

Don't get eaten by the giant skull.

Drummin' up some support at the rally.

Chillaxin' on top of a bus.

Regis students flash a smile for the camera at the SOA delegation.

SOA DELEGATION

Presente.....presente..... presente. The SOA Delegation is a group of justice-seeking students traveled to Fort Benning, Georgia to protest the mission of the School of the Americas. The students participated in the teach-in at the beginning of the weekend, followed by the march to the gates and reading of all of the victims names who have been affected by those trained at the SOA. The weekend concluded with a celebration and giant dance party.Presente.....presente.... presente.

Crosses bearing the names of people killed by graduates of the SOA were moving for many students.

There was a big crowd at the SOA delegation.

Regis students take a break from protesting to pose for a picture.

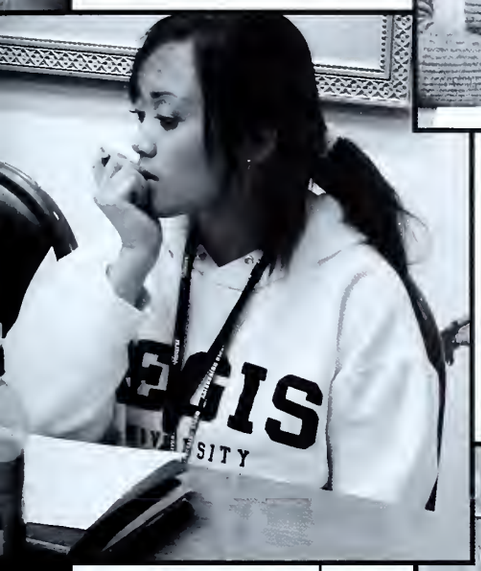
The members of APAA spend time at yet another meeting.

Getting out all the necessary supplies to teach the world about diversity.

These students are busy planning an educational movie night.

APAA

APAA, or the Asian-Pacific American Alliance, aims to promote diversity and tolerance on the Regis campus. The club has sponsored many events, including a film which discussed issues of diversity and disussions on important issues such as fitting in on a primarily white campus. The club is open to students of all ethnicities, so anyone concerned with diversity is welcome to participate.



Busy brainstorming for ideas.

This looks like its a very intense meeting!

These students are hard at work planning campus events.

Joining APAA is a great way to make friends.

Since it was founded 2 years ago, Mi Gente has grown significantly in size.

These girls demonstrate their love of DC and of their friends.

¡Unete a la fuerza latina!

Mi Gente rocks!

Besides promoting Latino awareness, Mi Gente is a great place to make friends.

Flash those smiles, ladies!

The Mi Gente group takes time from their meeting to pose for a quick picture.

MI GENTE

Founded only two years ago, Mi Gente has quickly become one of the most prominent diversity clubs on campus. Mi Gente literally translates into "my people," and the primary goal of the club is to raise Latino awareness on campus. Hosting both regularly scheduled meetings which anyone is welcome to attend and frequent cultural events, Mi Gente is doing just that.

SERVICE LEARNING

Mao Tse Tung once said, "If you want to know the taste of a pear, you must change the pear by eating it yourself." Similarly, Regis believes that it is not enough to just teach students about the world in which they live. Rather, part of Regis' philosophy is that students learn more by becoming actively involved in their community. Just as one cannot truely know what a pear tastes like without taking a bite, neither can one really learn about problems in the world without actually seeing things for oneself. For this reason, Regis requires all students to go out into the real world, see what needs to be changed, and then work to make a difference.

Dr. McCabe is a service learning guru.

These students learn that a Jesuit education isn't just about academics. Serving others is a crucial part of Regis' philosophy.

Wrapping presents is even more fun when the gifts are going to underprivileged families.

Sean scratches his head and ponders how to better serve his community.

These students are wonderful examples of the Regis mission: Men and women in service of others.

These students are helping out at the Father Woody's Wrap Party.

Serving others means lending a helping hand.

Toga Toga!

These Regis students prove that if you are serving others it is possible to work hard and have fun at the same time.

Check out these hot babes!

Looks like we've got a future Vegas dealer on our hands.

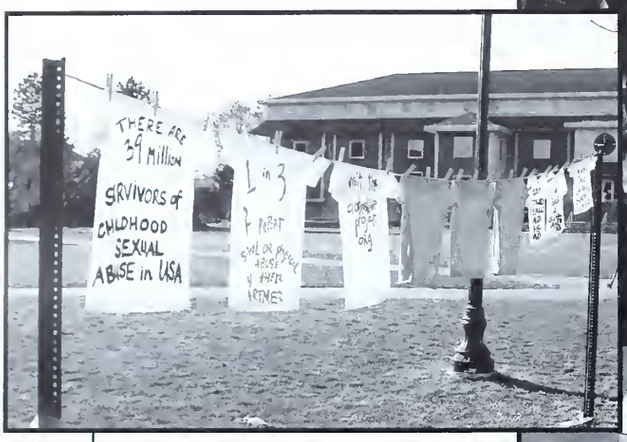
ROMERO AND HOSPITALITY HOUSE

The Romero House and Hospitality House both serve the Regis community in different ways. Romero House, which offers dinner each Monday night, features a group of students who provide service to the Denver area, leading simplistic lives that promote social justice. The four members of Hospitality House provide a spiritual home off-campus where students are welcome to hang out, have fun, and attend Mass. Both houses live out the Jesuit call to service, and are great places to get to know fellow students.

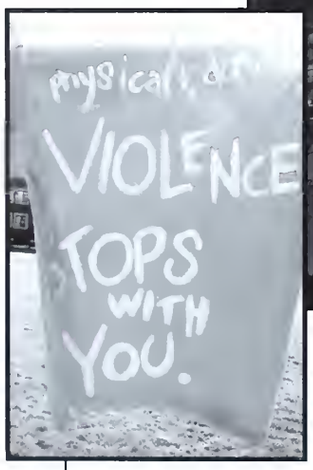
It's hard to keep a poker face when you are having so much fun.

Yee Haw! Maybe there's something more to those Wild West stereotypes than Coloradans like to admit.

Aside from their unsurpassed beauty, the Rocky Mountains also provide a great place to relax and bond with your housemates.



The Clothesline Project helped to spread awareness about social justice issues through t-shirts hanging on the quad.

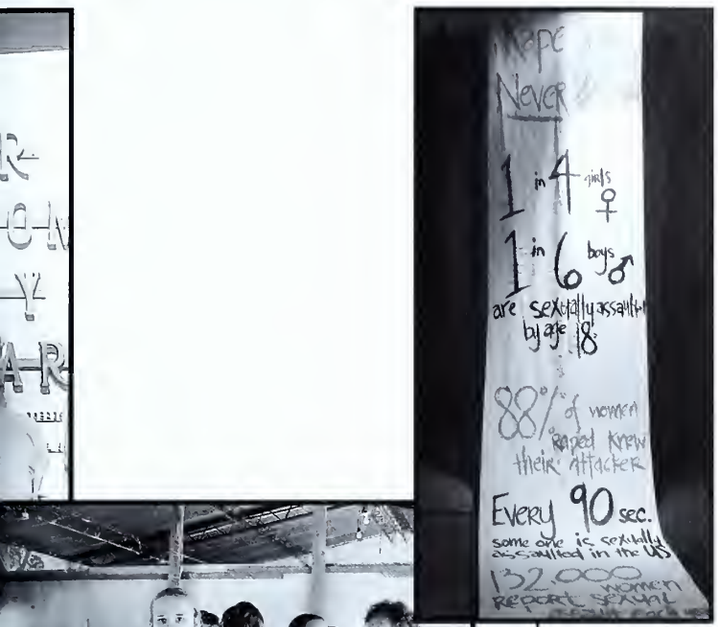


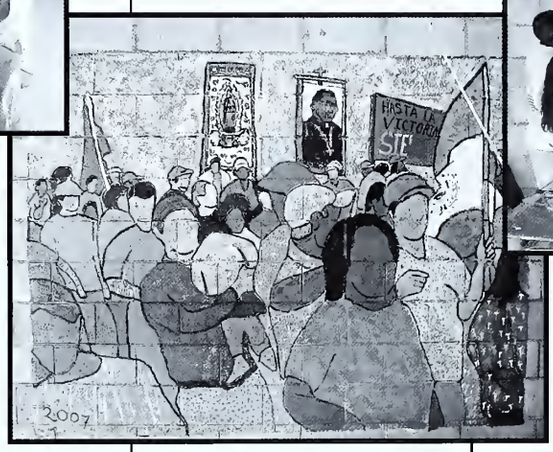
A closeup of one of the shirts from the Clothesline Project.

Members of the Regis trip to El Salvador pose for a picture.

SOCIAL JUSTICE

As a Jesuit institution, one of Regis' biggest focuses is on social justice issues. Members of the Regis student body are encouraged to volunteer in their community, and many teachers require service learning. Concerned students at Regis can get involved promoting awareness on campus about issues such as genocide in Darfur or the evils of sweatshop labor. Those who prefer to work on global issues can travel to other countries to volunteer abroad. No matter if students prefer to travel the world or stay at home, Regis can accomodate those working for social change in any situation.





Daniel works hard during his time in Central America.

The most important way to work for change is to first educate the public.

Students, faculty, and locals worked together to create this mural while in El Salvador.

Members of the Regis student body draw a crowd of El Salvadoran children while working on the mural.

Hangin' on for dear life. Literally.

Obviously the most important part of any camping trip is the food.

Tim and Marcus are road-trippin' it out to yet another fun location.

We figured there weren't any nude beaches in Colorado... But, apparently there are half-nude climbing routes?

Enjoying the adventurous day outdoors.

Brrr! It's cold out here... There was must be some... We'll stop ourselves here. You're welcome.

This man obviously wants to ride his bicycle. Queen would be proud.

OAP

Outdoor Adventure Program: The name says it all. Colorado natives are notorious for their lean physiques and love for nature, and OAP attracts such natives and Colorado transplants alike. For this group, led by our very own Pat Hill, the fitness center just isn't enough. Traveling around the state, they participate in adventures ranging from mountain biking to white-water rafting to rock climbing. So if there is an Alex Lowe inside of you itching to get out, OAP has a special place just for you.

FITNESS CLUBS

It's always more fun to work out with friends than by yourself. Not only does it help keep you motivated, but it also just makes getting in shape less boring. For this reason, Regis sponsors several fitness clubs. Two of the most popular fitness clubs at Regis are the rock climbing club and the Irish step-dancing club, both innovative ways to get in shape and have fun. So if you are looking to get in shape but can't handle another minute on the elliptical, think about joining a fitness club and making some friends.

The most important part of step-dancing is having a friend you can count on as a spotter.

Members of the Regis step-dancing club perform in front of an audience.

Training to be the next Spiderman.

There's nothing like a good stretch before a workout.

Members of the step-dancing club catch up on some gossip at practice.

London Bridge is falling down...

Hanging on for dear life.

Only at Thursday Thrills can you get away with an outfit like this.

Marcus displays his leadership skills while organizing the rowdy Thursday Thrills crowd.

This picture sure made me have a nightmare before Christmas...

The Regurgitator put on a great show like always this year.

PAC/THURSDAY THRILLS

The Programming Activities Committee is one of the most well-known organizations on campus, since they are responsible for planning the ever-popular Thursday Thrills each week. This year, PAC organized several memorable events including bringing in the famous Regurgitator who swallows random objects and then regurgitates them back up. Another Thursday Thrills that always promises a good turnout is bingo night, with prizes ranging from Cold Stone gift cards to airplane tickets. Regardless what the theme is, Thursday Thrills always promises good laughs and lots of memories.

Thursday Thrills always draws a large crowd of students.

The Regurgitator is looking for another object to regurgitate.

Thursday Thrills provides a great atmosphere to hang out with friends and show off snowboarding injuries.

Good leaders are always deep in thought.

It's always a plus when the leaders of the future are also in great shape.

Leadership and teamwork go hand in hand.

LEADERSHIP DEVELOPMENT

Students in the Leadership Development program learn the necessary skills to be a leader in all aspects of their lives, while simultaneously having a wonderful time and making lasting friendships. Whether they use these skills on the court, in the classroom, or at the workplace, you will recognize these individuals as the confident teammates, classmates, or co-workers that everyone looks up to and respects. These are the leaders of the future, so it would be wise to take note and stay on their good side.

These students demonstrate that being a good leader includes being willing to volunteer your time.

A little advertising never hurt anyone.

Check out those beautiful smiles.

Good leaders are always happy!

Maribeth pretends to take a break from all her hard work... too bad she's really "facebook-ing"

Surprise... Liz is eating ice cream... again.

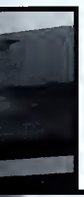
Jackie and Charlotte make pretty posters to advertise for individual posters. At least that was one deadline no one was late for!

Charlotte is not about the pictures. She's just about the captions.

Mollie avoids Mike at all costs. Mike is only allowed to be a part of the Regis Yearbook staff twice a year, any other time is against his parole.

Trying to gather up the troops for individuals. Nicole is working so hard...

Brit, you photograph just as well as you take pictures. Stud.



YEARBOOK

The Yearbook staff is very original to say the least. Their creativity over the year has very much improved, thanks to their spastic editor-in-chief Natalie Echter and her three crazy roomates, Maribeth Waldrep, Mollie Nock, and Liz Carr, and as well as the other important (but less comfortable with their crazyness), staff members. Despite the obvious issues of never really making a deadline, not having any entries for the cover, and the tragic loss of a mouse named Papi, the yearbook was an obvious success. Not that we are biased... but you must think so too, because you are reading this copy.

HIGHLANDER

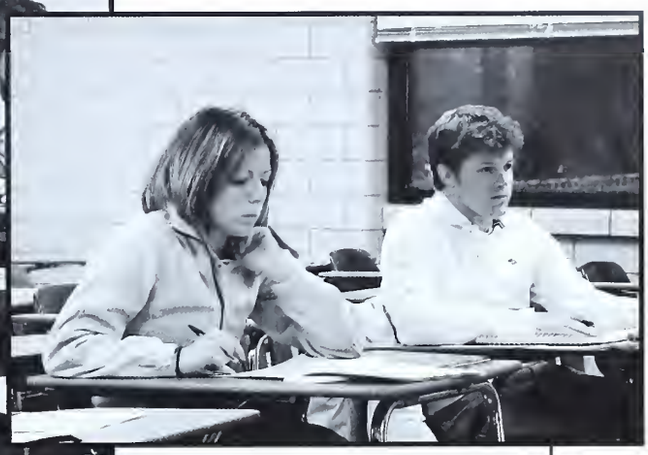
Over the past several years, the student newspaper has worked hard to improve dialogue on campus and raise awareness about current events. Guided by Dr. Mary Beth Callie from the Communications department, students contributed weekly articles regarding a wide range of issues that fostered discussions throughout campus. Although the Yearbook staff was frequently jealous of their drive and organizational skills, we would like to officially congratulate them on being named, once again, Organization of the Year, an achievement the Yearbook last received in 1982.

Newspapers make everyone happy!

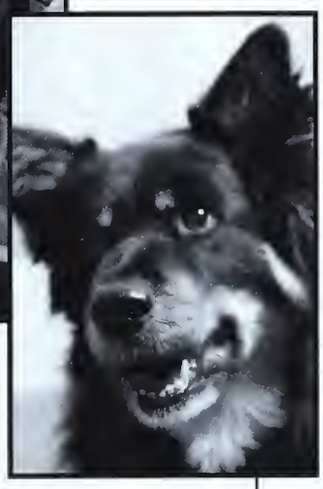
This student smiles just thinking of all the interesting Op-Eds there are to write.

David brainstorms his next article during the meeting.

Although she may look sweet, we know that Jacqueline really runs the newspaper with an iron fist.



These students must be dreaming about the hypothetic party with the other members of the Media Empire. We promise it will happen one day.



Dr. Callie delegates tasks during the staff's weekly meeting.

Maybe Yearbook would be "Organization of the Year" if we had such a cute mascot!

Keith brings a little sexy back to the radio with his flowing curls.

These two students enjoy some quality time working for the radio. Who wouldn't want a job where they listen to music all day?

Everyone loves a talent show!

This Regis student takes advantage of the new KRCX recording studio.

KRCX

If you have ever enjoyed the sweet tunes playing outside the Student Center or flipped on your dorm radio and jammed to the one station with reception, thank KRCX. Regis's very own radio station provides students with a wide variety of music throughout the day, and introduces them to new bands and concerts on a daily basis. Having such a creative and smooth operation is hard work, so remember to thank all the DJs you see here next time they play your favorite song.

Kevin works his magic on-air in the luxurious, roomy radio office. We swear we aren't bitter.

Where is that "Ice Ice Baby" track?

Even though KRCX did once try to take over the Yearbook office, we must admit they are pretty cool.

Diversity dialogues provided a safe atmosphere for students to discuss issues concerning diversity.

Dr. Watson mingles with other members of the Regis community at the diversity dialogue.

Regis brought in several speakers to discuss diversity issues.

MULTICULTURAL EVENTS

Although Regis has received much criticism for having a seemingly homogenous population, many strides have recently been taken to promote diversity on campus. Among the most popular of these events are the diversity dialogues in which students can get together to discuss multicultural issues and gain new perspectives. Another important event this year was the speech given by Elaine Brown, the only female leader of the Black Panther Party, who offered a fresh and welcome perspective. While much work needs to be done to promote diversity on campus, Regis is headed in the right direction.

Several students gathered together in the student lounge to discuss multicultural issues.

These students recognize the importance of discussing our differences.

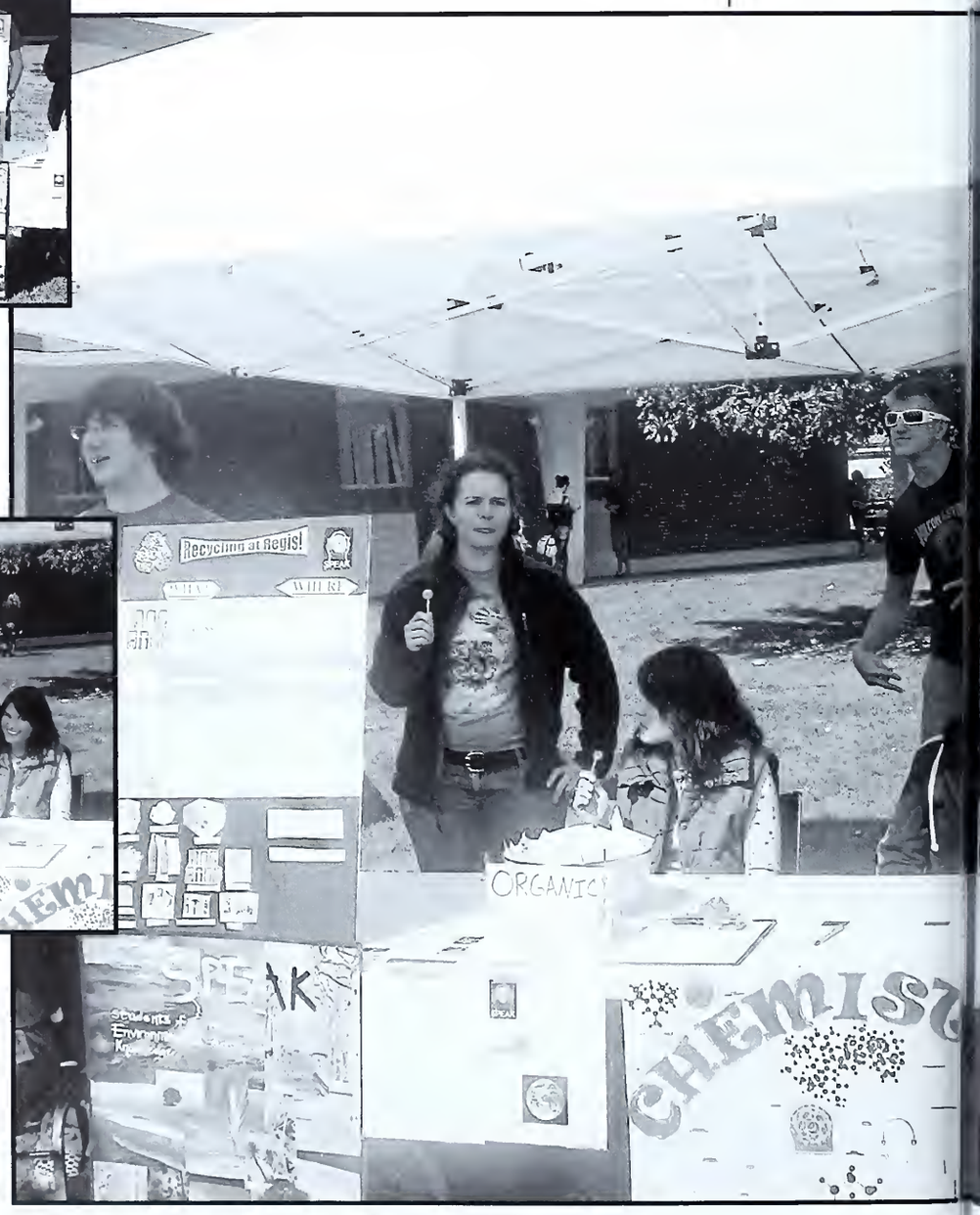
These students listen intently to the speaker.

The best part about diversity dialogues is hearing the speakers and getting extra credit for it.

These students know that the first step in working towards social change is informing the general public.

These students man an information table.

What better atmosphere to promote environmental issues than in the beautiful outdoor quad?



Charlotte gets the message out about global warming.

How appropriate: The Speak club poses in front of a tree for a group photo.

Something about this picture makes me want a Coke.

It's always great to have friends that share your same ideals.

SPEAK

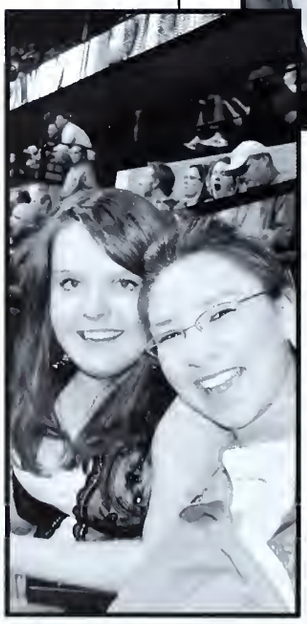
Environmental issues have become an increasingly important topic of conversation in our society. No longer are environmentalists the typical tree-hugging Boulderites. Today, people from all walks of life and all positions on the political spectrum have began to take a stand against environmental injustices. Reflecting this trend, Regis students have demanded a recycling program on campus, thanks largely to members of the environmental awareness club SPEAK. Along with the successful implementation of the recycling program, SPEAK also hosted a series of films about environmental issues which were very popular with the Regis student body.

These girls enjoy the view from their sweet seats.

Neal was so excited about going to see The Lion King he could barely contain himself!

Everyone loves a Mammoth game.

Is it really last call at Regis, or at the bar?



LAST CALL

Organized by senior Neal Valorz, Last Call enables seniors to spend their final months in college taking excursions all around Denver. With a diverse group of activities, the program gives seniors a welcome break from the stressful last year in college and the senioritis that accompanies it. This year, members of Last Call participated in several key outings. Journeying to the theater, cheering on local sports teams, and venturing to some of the most popular bars in town were moments that will never be forgotten.

The memories of spending time together senior year will last these three forever.

Griffin, do you wear that special outift to every event?

Remembering the bonds of friendship formed during this game will always be more important than recalling the score.

Where's Waldo? Apparently he didn't come along for the hike.

These girls enjoy a quality Saturday afternoon with Thomas and the rest of the gang.

BOC took advantage of the warm days at the beginning of school year to enjoy the mountains.

Look! These girls are new best friends...and it's all because of BOC.

BEST OF COLORADO

How many college freshmen get the opportunity to make new friends while doing fun activities like watching the Lion King, attending Rockies games, and white water rafting? Luckily, all Regis freshmen are invited to participate in the Best of Colorado program, run by Student Activities. This year, native Coloradans and out of town students alike enjoyed exciting trips to the mountains as well as many local activities, such as excursions to the theater and various sporting events. Best of Colorado was an exciting way for freshman to meet new people and get to know the surrounding area.

A group of Best of Colorado students enjoying Mother Nature.

Good thing this adventurous freshman isn't afraid of heights. Look out below!

Mentally preparing for the Sodexho picnic feast.

A few members of the Jewish Alliance.

No one's really sure what these guys are so excited about.

Regis' new chapel provided a home for spiritual Regis students.

SPIRITUALITY AT REGIS

Although Regis is a Jesuit institution, students of all faiths are welcome. While Catholic students represent the majority of the Regis student body, Protestants, Jews, Atheists, and people from many other religious backgrounds attend Regis. Whatever faith one chooses, one can be sure to find an accepting and welcoming atmosphere at Regis.

Members of Regis' Jewish Alliance pose for a picture.

These students take a moment to pray and relect in front of an image of Oscar Romero while on a trip to El Salvador.

Prayer is always more powerful outside.

These students gather together in church.

BSA is a fun and important organization on campus.

BSA events always draw large crowds.

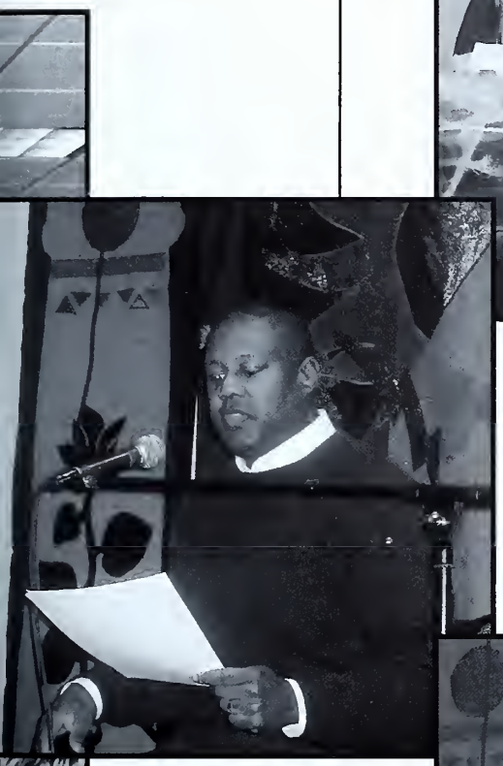
Members of BSA volunteer to help out with Regis' Trick or Treat Street.

This BSA member shows no fear in front of the microphone.

Who doesn't love Trick or Treat Street?

Thanks to BSA, several neighborhood children were able to go trick-or-treating safely.

This student delivers an eloquent and powerful speech.



BSA

The Black Student Alliance at Regis is a club in which Regis students can discuss multicultural issues and plan events. Although the club is most prominent during Black History Month, they are busy year round. One of the most popular events that BSA organizes is the annual Trick or Treat Street which provides a safe alternative to trick-or-treating for neighborhood children. The club provides students with great opportunities to serve their community and lasting friendships with other club members.

4X4 CLUB

No matter what you drive, Jeep Wrangler, Toyota RAV 4, or a Dodge Neon, everyone is welcome in the Regis 4X4 club. The 4X4 club participates in annual Moab trips, climbing the slick rock, group waxings, carwashes, and lift projects, among others. An anonymous member stated, " The 4X4 club is the shiznat! If you think otherwise, you're stupid." Did I also mention the wench contests that take place every Saturday? It can't get any better than this.

Beautiful tranquil lake... or death trap?

What a fine looking MO-chine.

"Sometimes the road less traveled is less traveled for a reason." -Jerry Seinfield

This is what it's all about... the wind in your hair, the dust on your tires.

No matter what your hobby, you can always find a buddy.

This man understands that sometimes true love is blind. And there is nothing wrong with that.

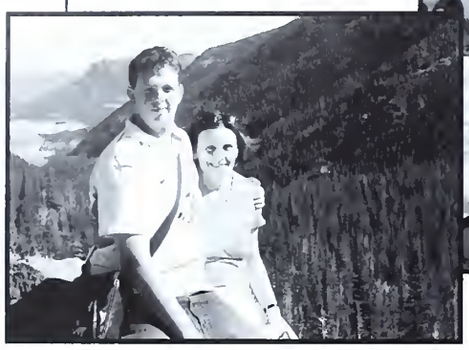
We swear this page isn't an advertisement for Jeep.

Regis students and their family enjoy a nice hike through Red Rocks.

Sibling rivalry? No, just two Regis students horsing around during the Family Weekend festivities.

Greg and his mom enjoy a hike in the beautiful Rocky Mountains during her visit for Family Weekend.

Can't you see the resemblance? Even though they're not related, Monica and Tony still find some time to hang out during Family Weekend.

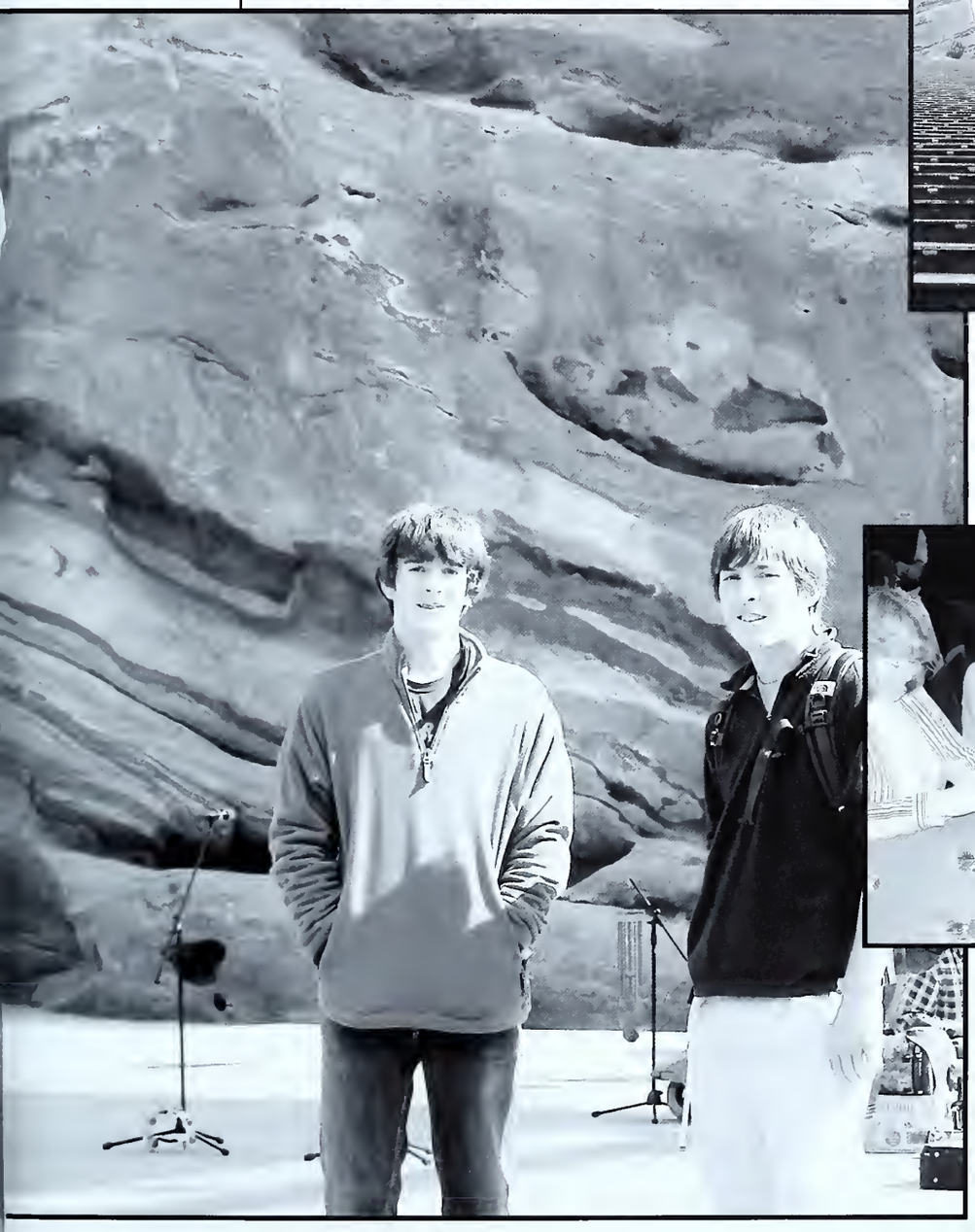


FAMILY WEEKEND

Remember the junior high days when your parents would drop you off at the movie theater? The days of dashing out of the car desperately hoping your friends wouldn't notice that your dad was wearing his slippers weren't that long ago, but most college students have experienced a significant shift in attitude towards their parental units. Family Weekend provided a time for students to invite their parents and siblings to hang out at Regis and participate in various Colorado activities. Not only did the weekend foster closer familial ties, it also resulted in fatter wallets and fuller tummies.

No family weekend would be complete without a trip to Red Rocks.

Looks like you're the only ones here guys... are you sure the concert was today?



Zac deals a round of blackjack to Regis students and their parents.

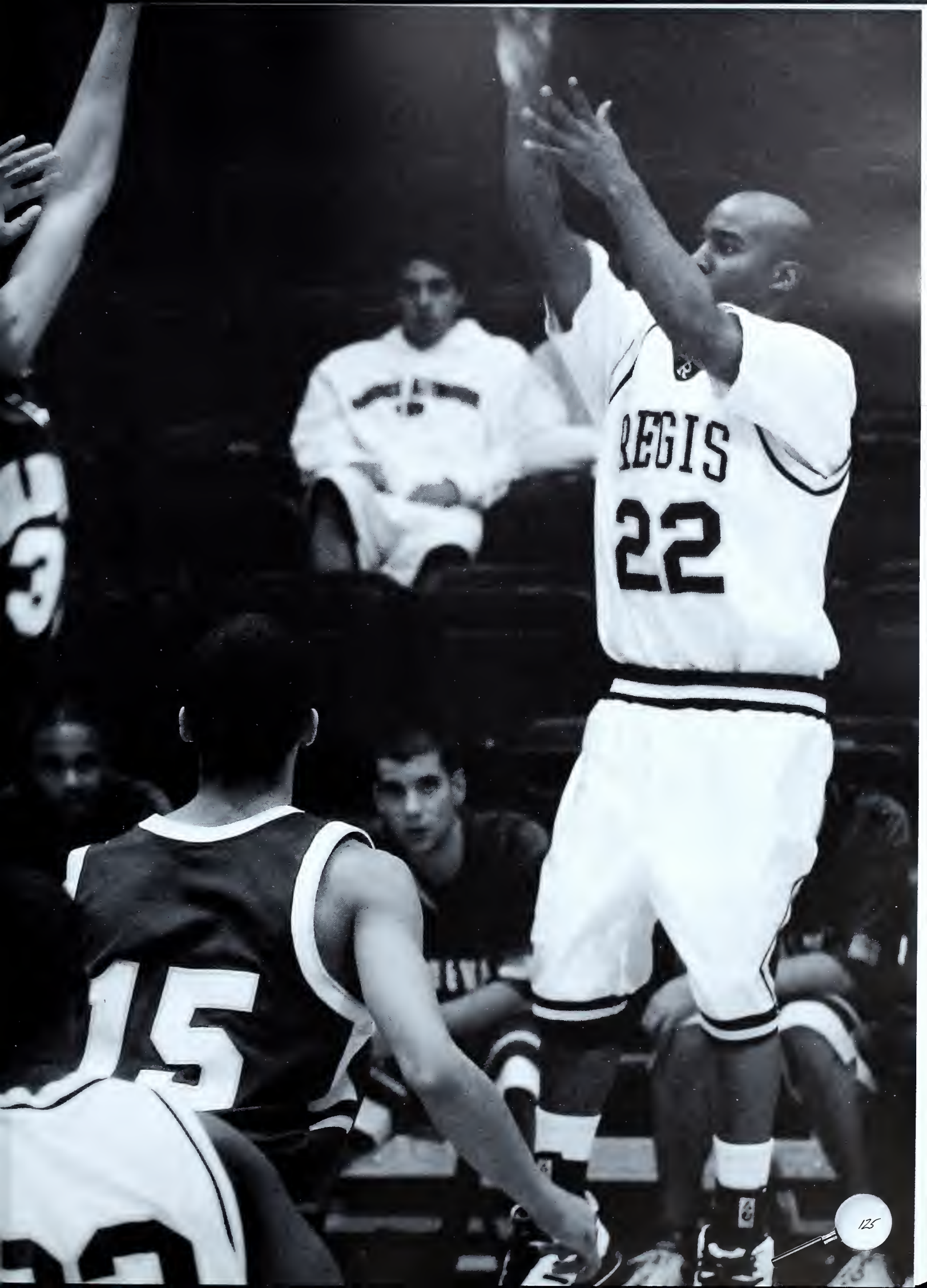
SPORTS DIVISION

Can you find these pictures throughout the divsion?

HINT: Run, Forrest, Run!

HINT: Probably the most popular intramural sport at Regis.

HINT: That's not a football.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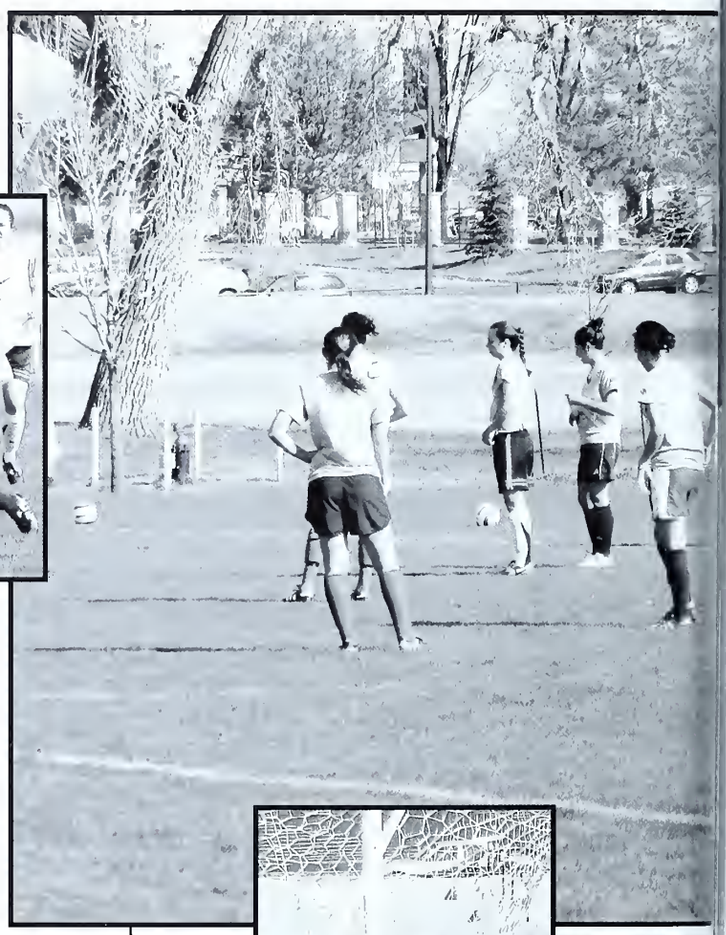
WOMEN'S SOCCER

The Regis women's soccer team is comprised of a group of top-notc female athletes. The women traveled around the country to prov that Regis girls can be tough. They faced some talented opponent and always put up a good defense. Though the season was complet with its share of successes and failures, the girls overall did great job and made some lasting memories.



Getting the gear on for practice.

The girls in action!

Waiting for the ball to get in motion.

Taking it all the way to the net.

Playing some tough offense.

Going in for the kill.

Watch out! Here I come.

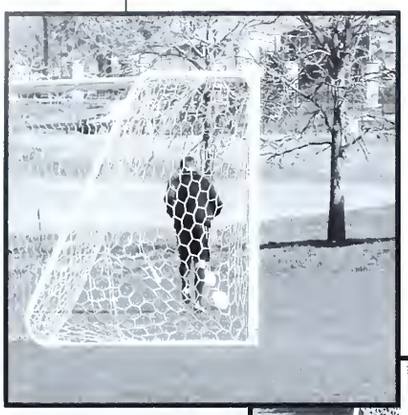
Good team work ladies!

Those sprints sure come in handy when it's time to hurry down the field.

Sure looks like all that running gets tiring.

Nothing but net.

Showing off some top-notch form.



MEN'S SOCCER

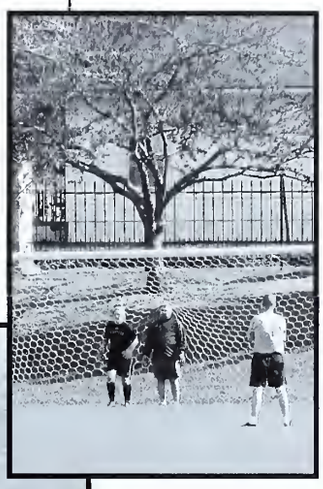
With David Beckham's recent move to California, many hope that the populari of soccer in the United States will continue to grow. Here at Regis, t men's soccer team has always been a favorite of the fans. Even though o fans don't have the same intensity as the crazy hooligans across the pon the men's soccer team continuously leaves the crowd satisfied with the impressive skills.

Preparing for a victory takes dedication, practice, and most importantly, teamwork.

Practice makes perfect.

Nice moves.

Is this guy doing a rain dance or practicing some fancy footwork?



An evening out to celebrate all their accomplishments.

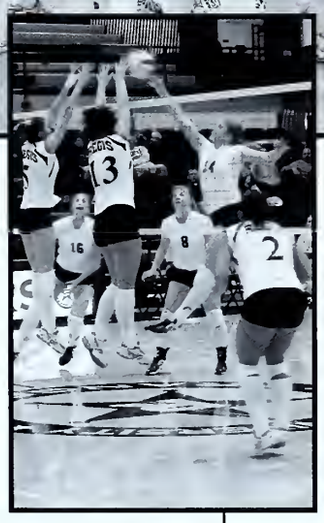
Rachel Ross makes a great slam on the opponent.

Posing for the camera before warm up.

Senior night. Thanks for all that you girls have done here at Regis.

VOLLEYBALL

ne womens volleyball here at Regis Univestiy had a good eason. This year the lineup was very young. having only one enior for the season, the girls pulled through and round up in ighth place for the RMAC tournament. Their overall record for he season was an outstanding sixteen wins and only 13 losses. ay to pull through girls.



Team spirit is a key to having a great game.

Nice Pass!

"Aren't we so beautiful!"

Nice Block. Strong as a wall!

The cross country guys are all smiles while on the road for a tournament. Maybe that's where he gets the nickname!

A little team bonding at dinner. Enjoy that carbo load!

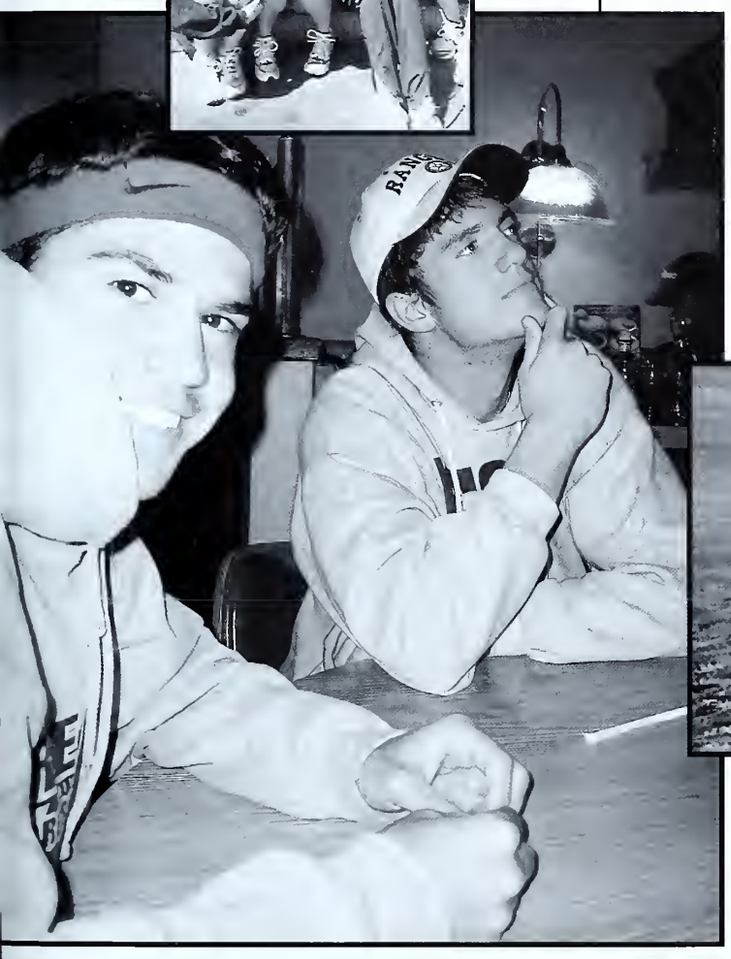
Seniors Erica and Brittani take time out of their away meet to pose for the camera. Running doesn't just keep them in shape, it also helps to build bonds and friendships.

Josh models this year's uniforms at a race. Work it!

Just two of the nice lookin' gents on our cross country team.

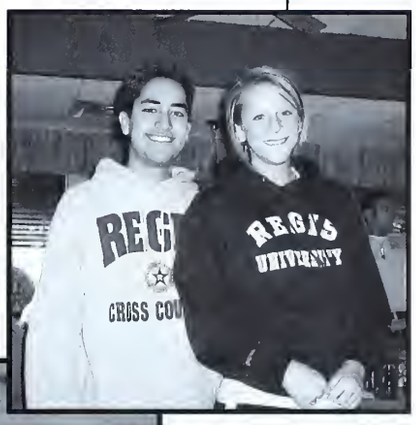
Our Regis cross country team sure knows how to have fun.

Visualize the win...



Regis in the lead! Go, Stephanie, go!

These athletes still manage to keep their smiles on after what most would consider pure physical agony. Way to stay positive, team.

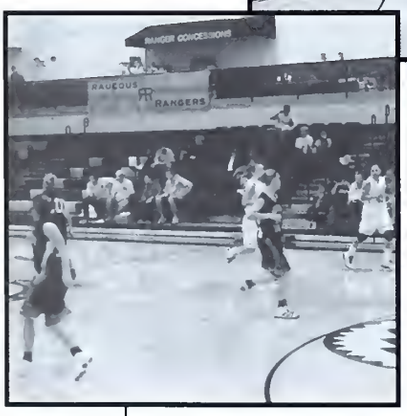


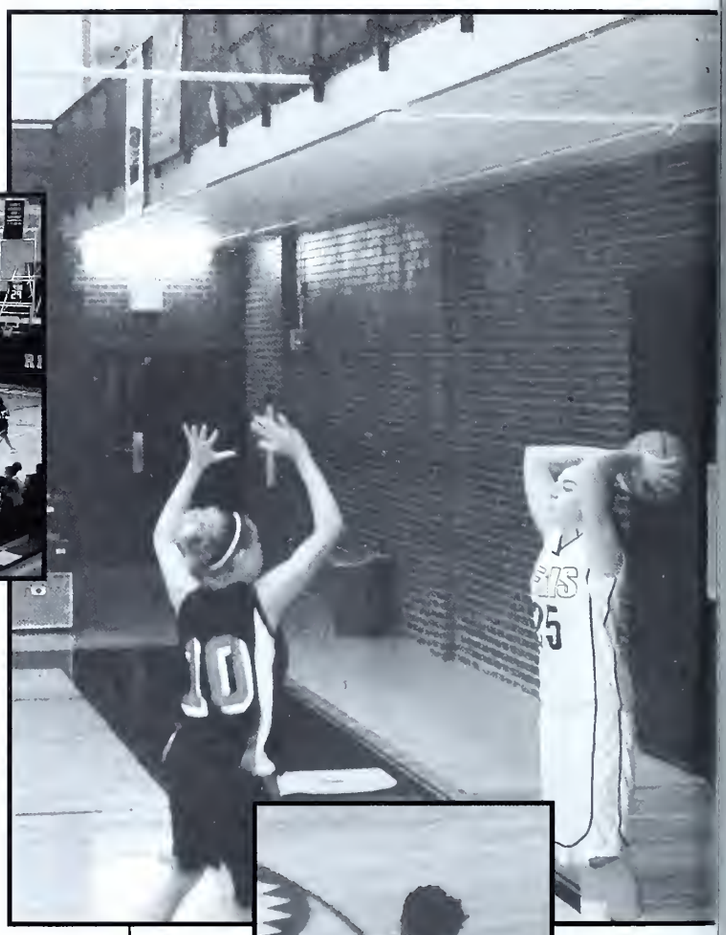
CROSS COUNTRY

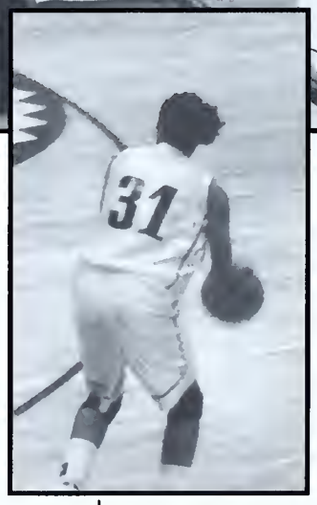
his year was a good year for both the men's and women's cross country teams. he women ended up taking eleventh place in the RMAC tournament while the men ook tenth place. Both these teams had multiple meets all over Colorado, and raveled a great deal over the course of the season. While the men's team ays goodbye to some seniors, the women will maintain the majority of their reat team for next year. Way to go, Rangers.

WOMEN'S BASKETBALL

The women's basketball team put up another good season thi year. Many Regis students attended the action packed games and were thrilled to watch our Rangers compete. Although h team will be saying goodbye to a few amazing seniors at the en of the year, the team looks strong for next year Congratulations on another great season!







Playing well girls!

Running back to play solid defense.

"Will someone get open?"

Setting up a great play.

Hey no pushing.

The tough defense strategies worked well in this game.

Taking a foul shot.

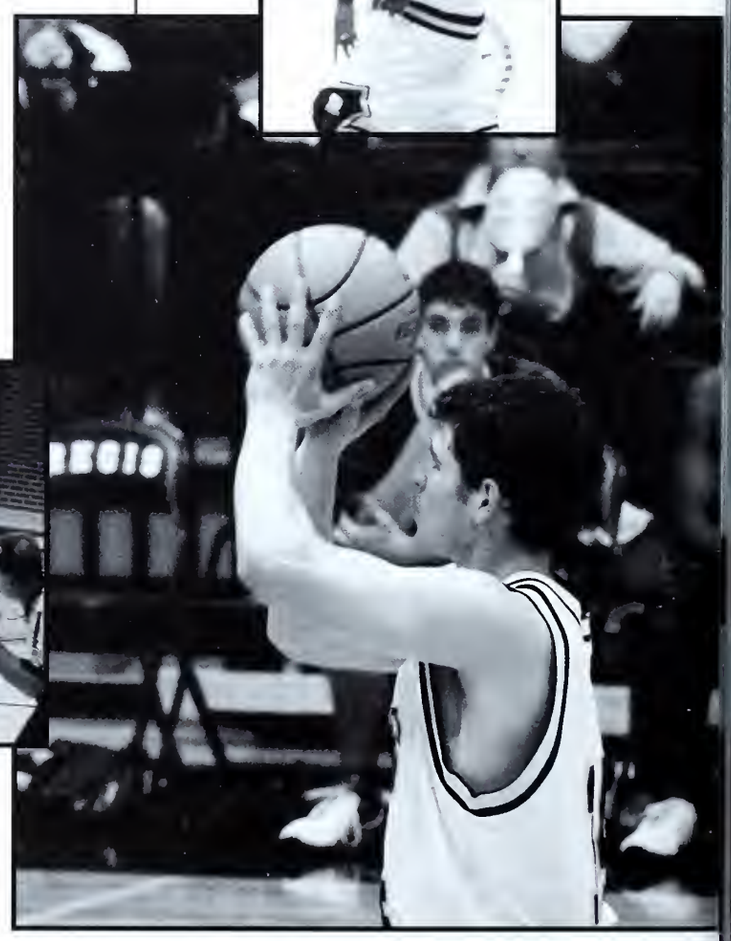
Before every game the girls come together as a team.

Four quarters is so tiring.

Running down the court after a good steal.

The coach taking comand.

Nice form.



MEN'S BASKETBALL

The men's basketball team had a very strong lineup this season. Openin the season with a one point victory over Adam's State College, the men were were off to a great start. The team played against a wide range o competition, including Colorado State University and Colorado University. Although these games were only for exibition the men put u a good fight, like they did against every other opponent. Great season

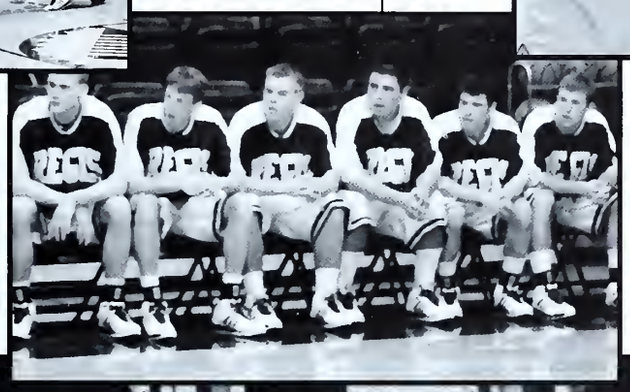
Getting a little rough out there on the court.

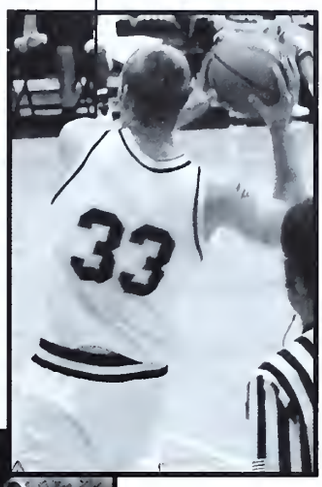
The fellow team mates supporting.

SOmeone get open.

Nice slam dunk!!

I will get this shot in the hoop.





Coach Lilard coaching the team.

The whole team poses for a group photo.

Looking good girls.

This player is getting ready to steal the base.

These girls are showing support for their team.

SOFTBALL

The Regis softball team had another great season this year. They played tough, travelling around the country to prove that Regis women are superior athletes. At home games, dozens of Regis students showed up faithfully to show their support. Although the team will miss several key seniors, they look forward to a promising season next year.

Nice form.

What a catch.

Batter up.

Just relaxing.

Hit a home run!

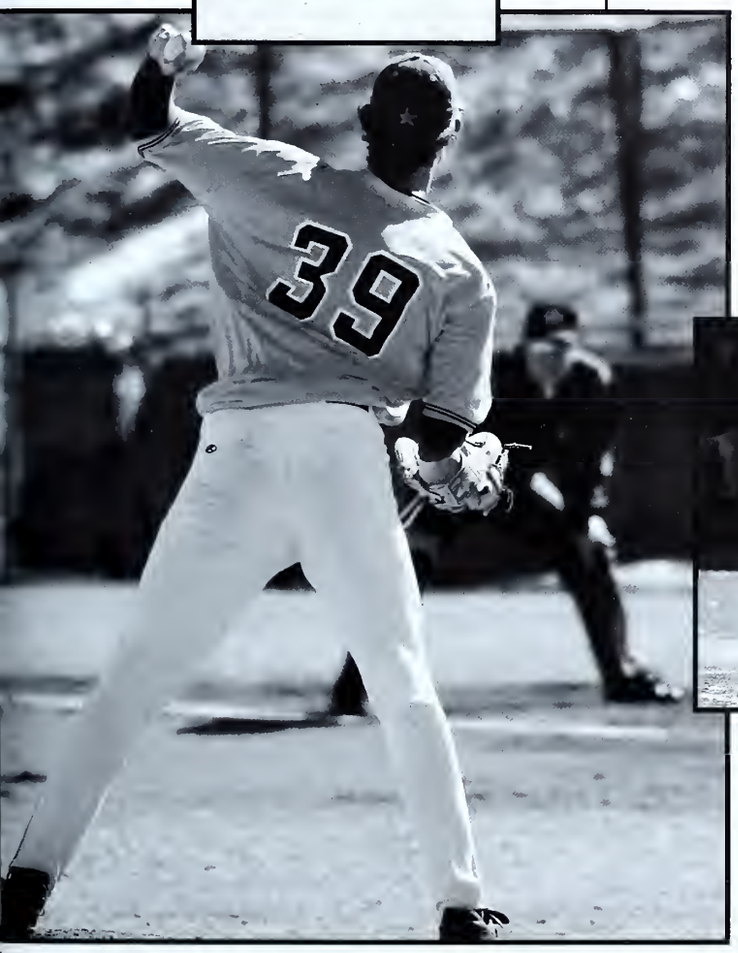
Nice hit, now run all the way home.

Warming up before practice.

Playing some outfield.

Going for the out.

Nice arm number 39!



Try striking this guy out.

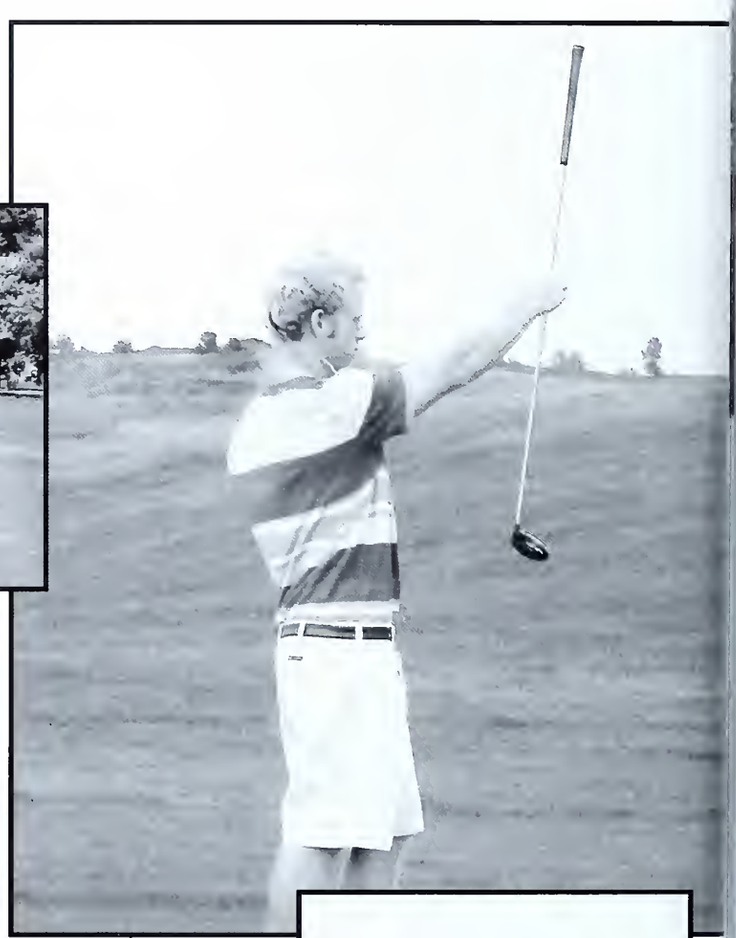
He will go all the way!

BASEBALL

This year's baseball team had quite the work out at the beginning of their season due to the blizzard. Before practices could began, the team had to shovel out their playing field. After all the work, however, the practices paid off and the team had a great season. They played some very talented teams and were able to come out on top.

GOLF

The Regis University golf team had a very successful season this year. Clearly, the team was much more than a bunch of chumps wearing goofy pants and shoes. It was a collaboration of some of the world's finest athletes who came together to shove their clubs down their opponents throats and dominate the green. This team would even give Tiger Woods and Bob Barker a run for their money. When the team hit the course, the message was clear. Nobody messes with the Rangers. Nobody.



Tori is all smiles on the bus ride home... It must have been a good tournament.

Searching for the ball again.

Why can't you just go home ball? That's your home! Are you too good for your home? ANSWER ME!

Heading off to the putting green.

The gals all together.

In order to excel in the sport of golf, one must master his or her walking skills.

Coming home from a long day on the course.

Smile pretty

Hurry! Run faster!

The team played many memorable games this season.

The ball's over there!

Nice play.

LACROSSE

The women and men's lacrosse team both had successful seasons They started the season with weeks of touch conditioning, an were ready to defeat their opponents. The season brough bot successes and defeats to both teams, but most importantly i was full of lasting memories. Way to go teams.

Good teamwork!

A little jog doesn't hurt.

This player poises her stick, ready to catch the ball.

Team huddle before practice.

Nice throw!

The rough play of Rugby. OUCH!

The Rangers making a great fight against UNC!

Another great play by the Regis Rangers

Mauling for the ball.

Regis Rangers making a great tackle.

RUGBY

he team is headed by two very prestiges coaches. The head coach is Dan attrup and is assitsed by Stu Hansen. All players have made generous ontributions making it an interesting game to watch. The best game of he season was played against University of Northern Colorado. This chool has been a long time rival and our team put up a good fight.

Another line-out

Rough play

Catching the ball in mid air while doing line-out!

Jamin Harvey making a smooth catch for a great play.
Good job number ten.

Great serve.

Nice set up.

Nice follow through.

These girls like to play as a team.

Well done ladies.

Spike it!

Get ready! Here it comes.

The team is ready for the serve.

Let's get it started.

INTRAMURAL VOLLEYBALL

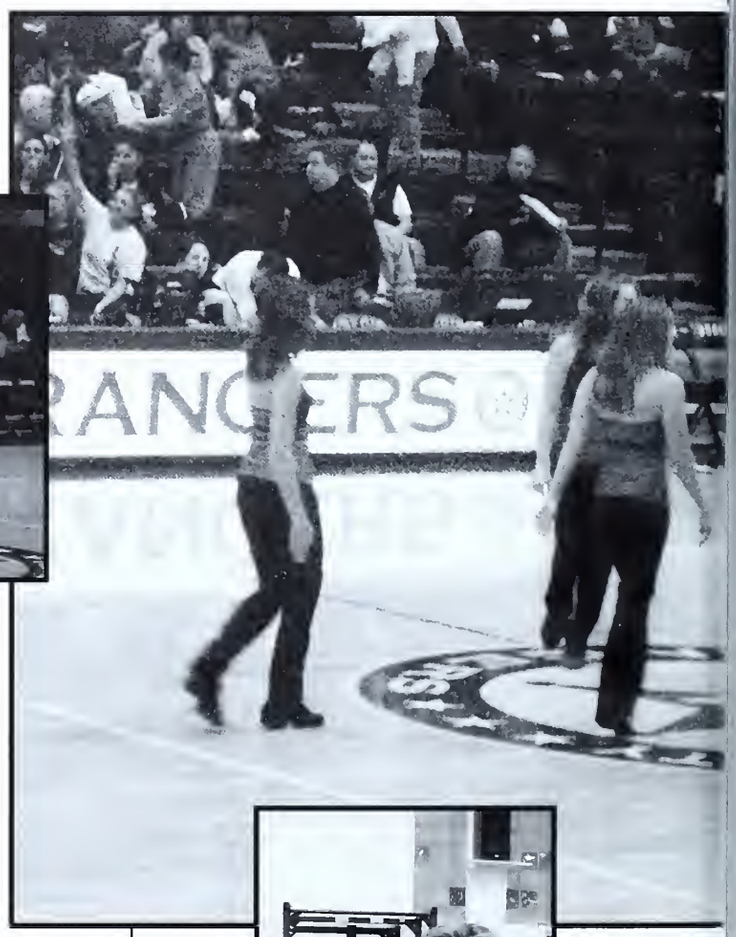
The intramural volleyball team at Regis is a fun way to get together and have some fun. The games are always full of energy and it is a great way to escape the stress from school. It's great for those who want the exhiliration of participating in a competitive sport without the hassles of making every practice. We want all those who participated to know how much we admire them for their efforts.

DANCE TEAM

Who doesn't love to watch a group of great looking girls performing difficult dance moves? The dance team has been very active this year. They have performed at various events, including women's and men's basketball games. Great season girls, we appreciate all of your hard work.

Getting to know other famous characters.

The dance team is showing off their sweet moves.



The girls getting back into formation.

Posing for a quick picture just before the show.

Shake it girls.

Another astounding move.

Dancing is hard core.

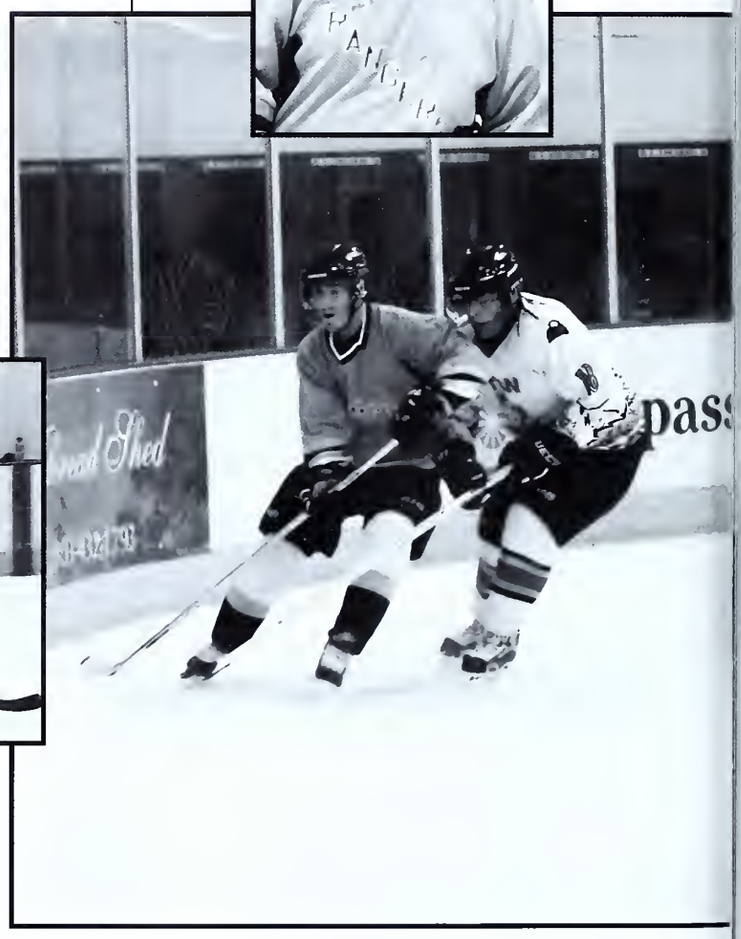
The whole team poses for a group photo. What a beautiful group of Regis women!

Coming in off the ice after an amazing play.

Ducks, Ducks, Ducks, Ducks, Ducks, Ducks, Ducks, Ducks, Ducks!

Let me back in the game!

Play nice boys.



HOCKEY

You may be frustrated with the way things are going this season for the Avalanche. If this is the case, turn of the TV and head over to a Regis hockey game. These are the guys who are willing to put their lives on the line, at the risk of breaking a bone or losing a tooth. So next time you are around the Westminster Promenade, stop in and show your support for these dedicated members of Regis athletics.

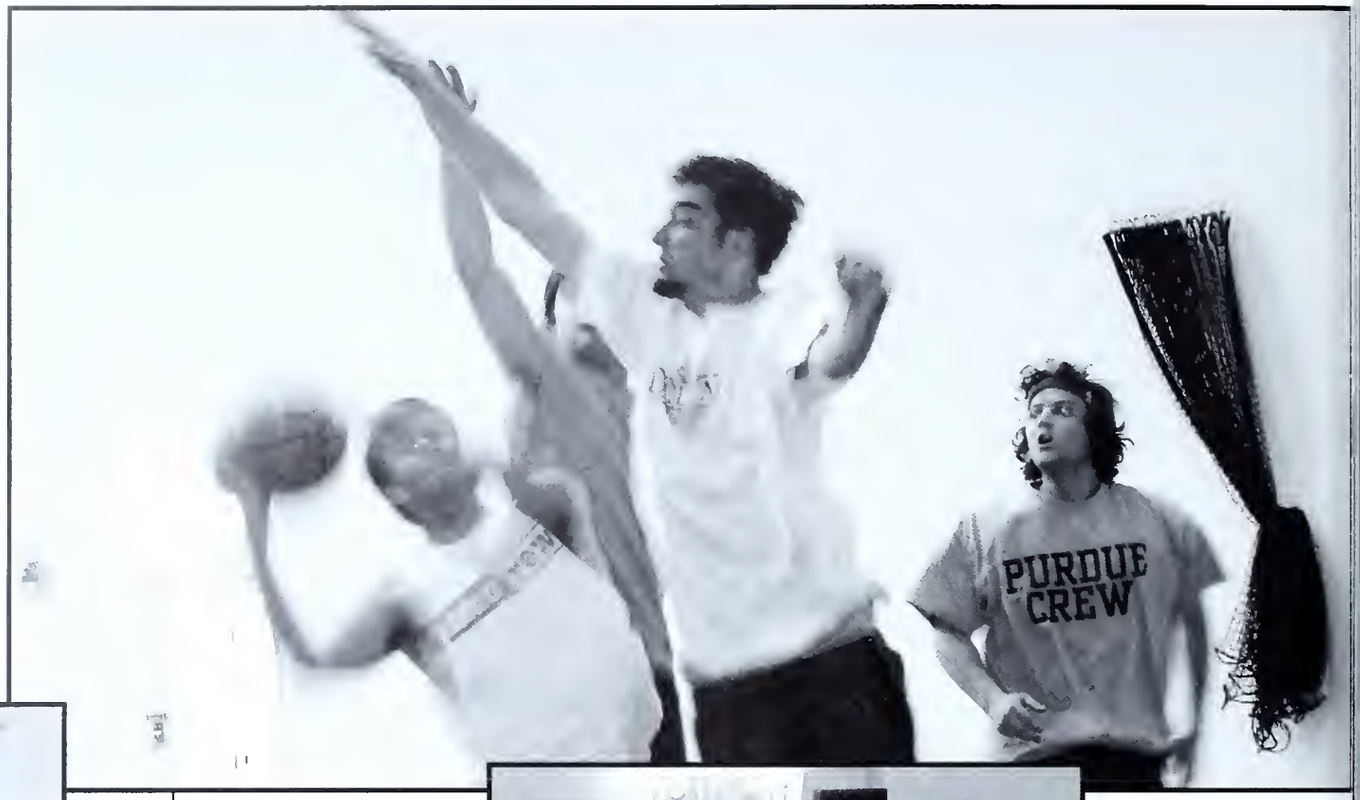
Anticipating the pass.

Taking a break.

Playing some aggresive defense.

Concentration at its best.

"Playing tough Rangers!"



Nice shot!

Play nice!

Waiting for the ball to get down the court.

Everyone is getting involved.

Good blocking, solid defense.

INTRAMURAL BASKETBALL

Why waste the money on watching a Nuggets game when you can get in the action yourself for free? Intramural Basketball is a great way to hang out with friends. The basketball was great this year with many participants and even a few fans in the stands. Thank you to all those who participated!

Hustle, hustle,hustle.

Playing some fun competitive basketball.

Going for nothing but net.

Getting back on offense.

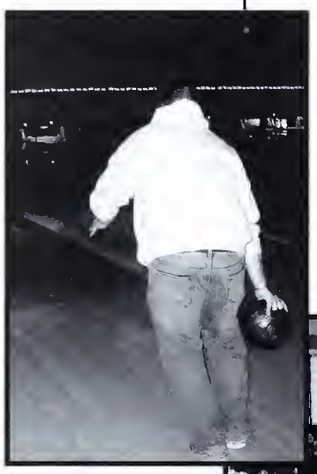
This team demonsrates the cardinal rule of bowling: knowing how to hang loose.

Get a turkey!!

Looks like we've found a younger version of the Big Lebowski.

This team is all smiles tonight.

No bowling night is complete without some tasty snacks!



Why must the gods of bowling incessantly torment me?

Check out that perfect form!

Thumbs up for bowling!

It's not easy to be both a pro bowler and a pro thug.

BOWLING

Everyone loves a night out at the bowling alley. This particular group at Regis has made it an anual thing to hit the lanes. Beginners and pro bowlers alike can join a team, and the experience is sure to bring nothing but lots of laughs and great memories.

SENIORS

Two beautiful ladies- Challona Coleman and Tave Johnson

Thug life- Nick Ralph, Kevin Chu and Dante Colomvatti

Family portrait- Risschie Aran, Emily Augsburger and Brittani Sours

Galena Armstrong
Amanda Arrieta
Matt Backlund
Kathleen Beagles
Laura Bezinovich

Ryan Browne
Agnes Callwood
Rachel Campbell
John Cella
Megan Ernst

Danielle Ferares
Stephanie Fernandez
Jarrel Fleming
Maria Foy
Bonnie Fruland

Scott Gerlach
Anthony Giordano
Kelley Goldberger
Parker Heikes
Libby Hook

Maria Ismert
Daniel James
Katie Johnson
Michelle Johnston
Amir Juarez

Sean Keane
John Krivanek
Tyler Lesyinski
Steven Linenberger
Brian Luff

- SENIORS - SENIORS - SENIORS

Andy Magas
Emily Manion
Annia Martial
Ken Martin
Ruben Martinez

Danielle Price
Rachel Ross
Tony Rudy
Roxanne Samora
Bre McTighe and
J.Paul Wetstern

Mitch Davis &
Adelle Monteblanco
Brandon Green,
Griffin Forshee
& Greg Marshall
Justina Pomeroy &
Chelsea Ruller

SENIORS - SENIORS - SENIORS -

Breanne McTighe
Jeff Mielnicki
JD Padzik
Ross Pibal
Ally Press

John Skowronski
Keith Smallwood
Brittani Sours
Neal Valorz
Matthew Work

Christine Kreder &
Brittani Sours
Maria Foy & Liz Carr
Karen Ward & Bernie
Boglioli
Eamon Eriksen, Danny
Gallagher & Laura
Bezinovich

JUNIORS

RUSGA better watch out, they've been taken over! Patty Sprecco, Ann Carney and Steph Braselton

Yay for nursing students! Hayley Daunis, Julie Rodgers, Ashley Blinco and Monica Raleigh

Aaron Mejia being attacked by...a wolf?

Alex Auerbach
Kyle Beckert
Emma Bonanno
Sarah Cihal
Trisha Curtis

Chad Dunn
Zac Garthe
Geremy Gibson
Luke Grein
Pamela Haake

Anthony Haug
Pat Hill
Hermii Jucirez
Stephanie Kent
Jacqueline Kharouf

Beth Lakey
Margie Leopold
Jesse Lyshorn
Craig McCoy
RJ McFadden

Dan Munzer
Holly Newby
Amy Nicola
Kevin O'Brien
Colin O'Hayre

Matt Purdy
Leyden Semsem
Wen Streicher
Colleen Tholen
Curtis Tunson

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David Vranicar
Veronica Broslawik &
Kara DiStefano
Meg & Trent Freedman
James Friedman &
Sebastian Koprowski
Nathan Brown &
Dayne Phillips

Kelli Gloyd &
Laura Hansen
Jessica Blumenthal, Laura
Clemann & Maureen Carey
Melissa Link
Lauren Nichols &
Marisa Texidor
Will Dickerson

Nick Weiss
Eric Weiss
Splinter and
Michelangelo

JUNIORS - JUNIORS - JUNIORS -

Conor Duffy & Gardner Waterman
Sarah Butterfield, Jessica Joyner & Kelli Gloyd
Ashly Blincow & Shaunese Cradle
Josh Bablonka & Dan Steinke
Kateri Millison & Meghan Calvillo

Maribeth Waldrep
Lance Simons & Ally Press
Natalie Echter & Maribeth Waldrep
Diana Blanco, Cynthia Martinez, Tiyet Nguyen & Wen Streicher
Brando Ullman & Sarah Cihal

SOPHOMORES

Megan Mahoney, Kelly Haberkorn and Liz Franz

Danny Torman, Peter Neils and Paul Neils

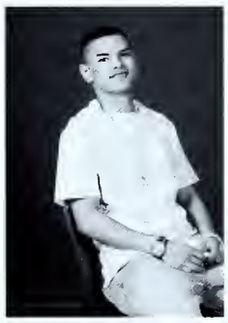
Whitney Lovato, Jacob Sandova and Jenae Ford

Eliza Bennett
Jalaine Binas
Robert Bohling
Cora Compliment
Shaunese Cradle

Ashton Do
Marie Eichelber
Melissa Garduno
Amanda Gonzales
Nathan Hawks

Elizabeth Hoffman
Kyle Hudencial
Corinne Kampe
Hartripat Kaur
Christopher Lanciotti

Austin Laramore
Alison Luppold
Andrew Matthews
Josh Meier
Nick Oliver



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Jeremy Rubio
Michelle Sheehy
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Marcus Trucco
Anna Waller
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Rachel Jean Howatson
and Neil Cheesewright

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Jenny Vielka &
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Ford & Amanda Hoch
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Padraic White, Peter Rose
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Kevin Karr &
Tommy Sodoro
Sarah Meikle &
Nick Oliver

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Susan Hughes &
Cambria Smith
Amanda Hoch &
Jenae Ford
"Freakin' Hippies"

Meaghan Woodridge
& Cat Ashendon
Cambria Smith,
Mikaela McGrail &
Jennette Orlando
Jim Bullington &
Gil Gardner

Natalie Salina, Cass Sykes
& Gina Zulch
Haley Kaesman &
Lauren Fellows

FRESHMEN

Andrea Butero, Jackie Fulkrod and Jordan Wolff have fun posing for the yearbook.

Beyond Citrus

Stephan Pipal and Gabriel Gallegos about to go hunting?

Sarah Adams
Andrew Anellano
Pat Baumgert
Christina Belluomo
Michelle Bryan

John Cafazza
Mike "Delli" DelliVeneri
Jonny Feite
Jacob Garrett
William Gohl

Gina Grayiano
Jordan Henscheid
Alex "Boo" Holpainen
Meghan "Shortie" Kelly
Honora Kinsella

Ted Kirmpotich
Evan Jinks
Justin Losacco
Pat McDonnell
Angela Mendez

Patty Moncada
Ted Montanas
Ashton Nuvolini
Kyle Pierson
Howard Randol

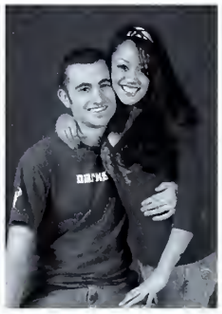
Ashley Reiber
Lisa Richardson
Brittany Scoles
Peter Seiter
Idris Shareef

- FRESHMEN - FRESHMEN - FRESHMEN

Danielle Shattuck
Danielle Sosias
Emett Stone
Erika Tanaka
Teen Wolf

Lindsay Troll
Chris Valko
Dan Van der Vieren
Lindsey Witty
Kristen Wolfgang

Michelle Johnston &
Lindsey Witty
Marie Webb, Diane
Kleinschnitz, Layla Macke
& Dianna Holgate
Pat Baumgart &
Erika Tanaka
RJ McFadden &
Brett Stakelin



Marissa Blatter &
Lisa Richardson
Matt Mach &
Adrian Martinez
Dene Miller, Kaitly Pullara,
Megan Barngrover &
PJ Jiron
Lisa Richardson &
Patty Moncada

Natalie Adrian, Jasmine
Singh, Rotchana Madera &
Chantel Mariano
Kelly Labor &
Marianne Clausen
Megan McLaughlin, Britta-
ny Bergquist, Jamie Schulte
& Annalise Stephenson
Rachel Chavez, Patty
Moncada & Sonya Riybal

FRESHMEN - FRESHMEN - FRESHMEN -

Chris Yamauchi
Lindsay Blincow &
Charlotte Rivers
Courtney Certain &
Erica Lanphier
Michelle Bryan &
Lisa Richardson
Kari Anne Kristiansen &
Tara Kuper

Emily Fogg & Julia
Mulligan
McKenna Davis &
Dthia Kalkwarf
Michelle Bryan &
Lyndsay Whitehurst
Michelle, Sonia & AJ
Andrea Minhas &
Patty Moncada

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CarrieAnn Rummell, Erica
Lanphier & Brittany Abel
Kimberly Kirwin, Natalie
Adrian & Diane
Kleinschnitz

Josh Wagner, Jeff Balusa,
Dan Jensen, Mike Grzec &
Ted Montanas
Jennifer Brickman &
Kate Huft
E. Taylor Hiemenz, Chris
Glunz & Bobby Burns
Maggie, Sarah, Jen, Becca,
Michelle & Brittany

Erinter Kuile &
Caitlin Philpy

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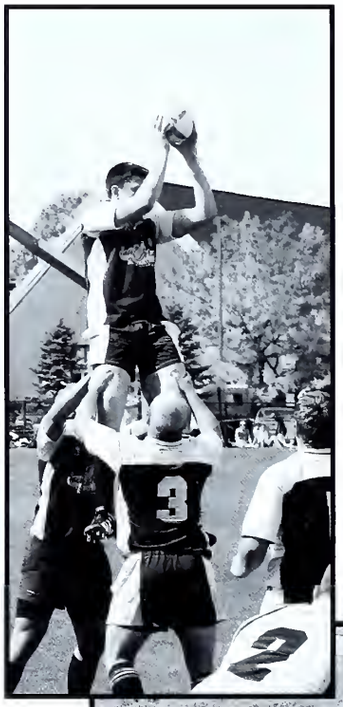

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-Lifetouch for once again putting up with our missed deadlines and helping us produce a great yearbook
-Dave Law for being a wonderful advisor
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-The Highlander staff for all their contributions to the yearbook
-Everyone who submitted photos and helped out with deadlines
-And last but not least, a huge thank you to our fabulous staff members

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